

In Memoriam



Hal A. Huggins, DDS, MS 1937 - 2014

Dr. Hal Huggins passed away peacefully at his Colorado Springs home Saturday, November 29, 2014. He was 77.

Dr. Huggins rightfully earned the title of “Elder Statesman” of Holistic Dentistry. He is also known as a leading pioneer and the “Grand Father” of identifying and treating medical problems caused by toxic dental materials.

Dr. Huggins received his DDS degree over 50 years ago at the University of Nebraska and practiced for decades in Colorado Springs. Continuing his education in 1990, he received his post-doc master’s degree from the University of Colorado, with an emphasis on immunology and toxicology.

He presented over 2,500 lectures in 47 of the US states and 16 foreign countries. He authored many books, wrote over 50 articles, and gave over 1,000 Radio/TV interviews, including 60 Minutes Australia (1989) and 60 Minutes New Zealand (2007).

As founder of the Multi-Discipline Alliance of Professionals, he ensured continuing education for dentists desiring to learn the Huggins dental protocol. Training includes helping their patients avoid and recover

from ailments caused by harmful dental procedures.

He devoted his last years to establishing the Huggins Applied Healing center (www.drhuggins.com), but his greatest passion was the recent formation of the Dental DNA laboratory (www.dentaldna.us). This sophisticated facility specializes in the detection of dangerous, disease-causing DNA that reside within root canals, cavitations, implants, and other oral environments.

Dr. Huggins was a caring and sensitive man who dedicated his life’s work to helping humanity. He was loved by his patients, professional colleagues, and staff for his compassion, generosity, and willingness to give of himself.

His greatest joy was helping those on their quest to recover from the many degenerative diseases caused by silver (mercury) fillings and heavy metal toxicity from other dental materials.

Huggins’ important paper, “Mercury: A Factor in Mental Disease?” was published in this Journal in 1982, when Abram Hoffer wrote: “Dr. Huggins is pioneer in the study of the impact of mercury from fillings on physical and mental health.”