



2016 Annual ISOM Meeting Report

At this year's Orthomolecular Medicine Today Conference in Vancouver, Dr. Atsuo Yanagisawa opened the annual ISOM meeting by warmly thanking the organizers and especially Steven Carter, who could not join us, for the first time in 29 years, but "without whom this conference would not be possible."

Japan

Risa Yanagisawa of the Japanese College of Intravenous Therapy (JCIT), spoke of some of the supporting outreach in which her organization is involved. In the past year,

their main focus has been training doctors and dentists in orthomolecular IV nutrition and there are now 650 members who have been trained in this modality. Risa showed that there is growth and great interest in all things orthomolecular in Japan. This year, they are planning 18 seminars, both big and small, an increase from 2015's 15 conferences and will train 1,000 doctors. JCIT began a public outreach using a PR firm because, as Risa says, sometimes the best practitioners are not necessarily the best marketers. This project was designed to arrest the attrition and decline noticed in some OM clinics and



Atsuo Yanagisawa, ISOM President



Risa Yanagisawa, JCIT

areas of Japan, using the strategy of putting orthomolecular knowledge directly to the public.

In the past year, Ken Kitahara has been busy with the Japanese Society for Orthomolecular Medicine (JSOM) and with many patients wanting alternatives to ineffective orthodox treatments. He has become more involved in the autism field, helping parents, developing clinics and coaching practitioners on bioidentical hormones. He said that there are so many new things coming into the field it's a challenge to explore and take advantage of it all. Ken is learning how to use stem cell research which fits the orthomolecular model. The traditional areas of focus for orthomolecular medicine are cancer, schizophrenia and immunity and within these fields Ken has fostered a growing on-line network with JSOM, Mexico, Singapore and Indonesia, training health practitioners in orthomolecular treatments for autism and schizophrenia. They now are involved in a study where 30 patients are testing orthomolecular treatments for various illnesses and he reports they're getting good results. Ken said it is the families that have provided the richest source of data to help practitioners.

Mexico

In 2012, Roberto Ortiz started a small group in Mexico City for physicians and researchers called the Mexican Society for Orthomolecular Nutrition. MSON has worked with Dr. Yanagisawa, Ron Hunninghake and

Tom Levy to give seminars in Puerto Rico, Mexico and Ecuador. They have also made wide use of IV vitamin C for sick patients, working with Canadian compounding pharmacies to make it available in Mexico. They are currently streamlining a one-day training on the theory and practice of intravenous vitamin C for small groups of interested practitioners. This is the best way to operate below the radar because it is hard to oppose the medical establishment and practice freely in Mexico.

USA – Linus Pauling Institute

Stephen Lawson came to us for his 19th visit to present the year's progress of the Linus Pauling Institute in Corvallis, Oregon. This venerable institute's areas of interest include strategies to increase life span and "health span"—the years of disease-free vitality. If this sounds familiar, it echoes Linus Pauling's enormously successful book, *How to Live Long and Feel Better*.

Lawson also reported that their long-time medical director Balz Frei has retired in 2016 and the hunt is on for a new leader. The LPI continues to expand their reputation as a center for orthomolecular research with the creation of the micronutrient information center containing a vast compilation of accurate nutritional research from the scientific community.

LPI researcher Kathy Magnussen has studied high fat/high sugar diets in mice and observed how changes in the gut microbiome



Ken Kitahara, JSOM



Roberto Ortiz, Mexico

precede declines in host memory and cognitive function. This research confirms what we all know: how important healthy gut bacteria is to vitamin metabolism and health. Research by Tory Hagen, in LPI's healthy aging program, is working with young and old rats and the Keap1-Nrf2 enzyme complex. Toxic or oxidative challenges to the body, it has been discovered, causes the Nrf2 portion of this complex to detach and translocate into the cell nucleus where it activates an antioxidant response. Aging rats, however, have decreased Nrf2 which decreases the antioxidant signaling and greatly reduces the body's ability to tamp down oxidative damage in chronic disease. Finally, Dr. Maret Traber, a past OMT speaker, is heavily involved in vitamin E research to discover the mechanism of action of this orthomolecular substance; we know very well that Vitamin E works, but until recently the process of how it works has been a mystery.

Spain

Dr. Antonio Marco Chover of Spain spoke of the difficulty of practicing individualized medicine under the push for conformity in the EU's massive health edifice. This regulatory maze is particularly strong in Europe with its tightly controlled Naturopathic medicine presence. Despite these limits, there is reason for optimism, as Spanish orthomolecular practitioners have held seminars on topics such as probiotics in Valencia and Madrid University. They have also

established a working group to promote IV glutathione for disease. Additionally there is a three-day conference on vitamin C taking place in Valencia in June this year.

Sweden

Bo Jonsson, MD, outlined the main activities of the Swedish society, which is mainly educational and internet-based, but with some lectures and face-to-face meetings. Recently there was a meeting with Tom Levy who gave a series of three lectures: The Toxic Tooth, Death by Calcium, and Vitamin C. The Swedish society video-recorded these lectures and has made them available to the public. Other lectures of great interest were those by invited speaker Alan Francis, MD, the author of the book, *Saving Normal*, which is a scathing indictment of the DSMV's relationship to Big Pharma. This was attended with great interest.

Canada

Lanna Millien reported on the activities of The Canadian Society for Orthomolecular Medicine. She began by stressing that the organization has been subject to many challenges and is in a state of transition as it attempts to implement the ideas of the ISF's executive director and Foundation co-chairs. Lanna stated the foundation was, this year, forging strong ties in the academic, corporate and medical spheres and is looking ahead in communication and advocacy to support practitioners. She stated that



Stephen Lawson, LPI



Antonio Marco Chover, Spain

accreditation of course material and declining attendance in programs continues to be a key challenge, as CSOM is attempting to shift with the changing educational landscape. One way CSOM is adapting is by offering what she called The Next Generation Scholarship Program to attract students from the naturopathic and medical community. They also recently launched a webinar series featuring speakers Jonathan Prousky and Aileen Burford-Mason. They continue to attend conferences such as the BCNA and Primary Care Today and develop reciprocal links for their websites as well as doing “academic detailing” and “physician detailing” with visits, brochures and information in the medical community.

Puerto Rico

In Puerto Rico, Jorge Miranda-Massari’s group created, in 2011, a concept they call “metabolic correction”, which is at once a theoretical framework as well as a technology for delivering a new form of healthcare to patients. In Puerto Rico, diabetes is the number three cause of morbidity and mortality, and peripheral neuropathy is a major health burden on the island. Sadly, the only treatments for this are conventional and consist of pain medications and antidepressant drugs. At no time is metabolic correction practiced. To address this deficit, Dr. Massari wrote an important, widely read paper comparing Puerto Rico’s standard care with an orthomolecular protocol including

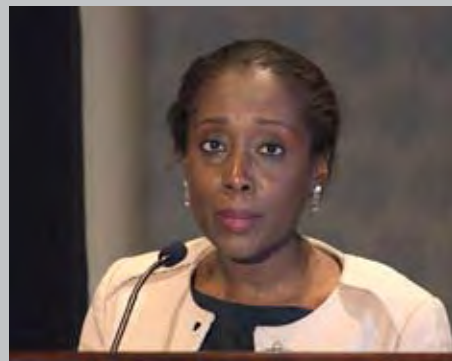
vitamin C, folate and B₁₂. This was shown to be capable of achieving outcomes that no drug can do, and it does this by going beyond symptom control. He also created a university level course on metabolic correction through the school of pharmacy. Dr. Massari reiterated that in his country, the costs of diabetes is staggering, and with so many different medications used, the side effects themselves are creating whole new constellations of symptoms and complications. Orthomolecular medicine is clearly the way forward.

Switzerland

Switzerland was represented at the OMT by Catherine Gontard, who began with the disclaimer that she’s not part of any official orthomolecular organization, but represents Sweden as a personal advocate for her family and a practitioner to her patients. Catherine is an orthomolecular psychiatrist working for 13 years with her own patients as well as using orthomolecular medicine to take care of her daughter. She related an interesting anecdote for the audience, a personal testimony of the success of orthomolecular medicine. Many years ago, her daughter was treated by Abram Hoffer and recovered but just last year experienced a psychiatric setback and was committed for six months to a mental hospital. There was, as usual, no proper medical workup until she developed pneumonia and was rushed to emergency. Getting nowhere with the doc-



Bo Jonsson, Sweden



Lanna Millien, Canada

tors, Catherine began her private orthomolecular war with her daughter's disease, quietly giving her 30 grams liposomal vitamin C and 50 grams of timed-release vitamin C. The results were fast and profound and she recovered quickly. The doctors were surprised but of course were not interested in how this was achieved. Catherine reminded us that in the face of psychiatric problems it is essential that the physician focus on the somatic as well as the psychological.

USA - The Riordan Clinic

The American orthomolecular experience was given by Dr. Ron Hunninghake who began his report by relaying greetings from Algeria's Dr. Baghli and the Netherland's Gert Schuitemaker, past President of ISOM (see letters pp. 59, 60). Dr. Hunninghake recently learned from Richard Kunin of the Orthomolecular Health Medicine organization in San Francisco that it has been dissolved. There is now no American Society for Orthomolecular Medicine, but the Riordan Clinic has, to some degree, served as a center and clearing house for Orthomolecular Medicine in its absence. Recently, the Riordan Clinic instituted the Intravenous Vitamin C academy to train doctors in the safe use of intravenous administration. They have also developed programs with Dr. Tom Levy, who has presented in Colombia, Ecuador, Peru, Algeria and Puerto Rico. In October 2016 they will hold the 5th Riordan Clinic Vitamin C Conference. Dr. Hunninghake stated that the more they ac-

cumulate data while working in this field, the closer they are to more unified theory of vitamin C and chronic illness.

USA - Garry Vickar

Dr. Garry Vickar ended the ISOM meeting on a philosophical note reminding the delegates that the rich orthomolecular landscape we see before us is primarily due to the perseverance and scientific integrity of three individuals, Abram Hoffer, Humphrey Osmond and John Smythies who made the discoveries and made the personal sacrifices to make the theory of orthomolecular medicine real to our world. As a psychiatrist, Dr. Vickar remembered the great wound that the APA's 1973 task force report on vitamin therapy caused in the nascent orthomolecular movement. The reverberations continue to this day as the medical establishment's old guard still clings to the reports findings and resists change. That is the bad news, but the good news is that even institutional prejudice cannot survive forever. The new generation of physicians and psychiatrists in the AMA and APA are slowly showing interest, if not in the large publicized meeting, then informally in small groups, poster presentations and breakout seminars. This is very significant as these two organizations wield enormous power and actually set health policy for the nation. The new doctors show interest, but it's not called orthomolecular medicine- it's been rebranded with happier descriptives like "nutraceutical re-



Jorge Miranda-Massari, Puerto Rico



Catherine Gontard, Switzerland

search” or “complementary, nutritional medicine” which seems to not wake the sleeping giants. Of orthomolecular medicine’s future in America, Dr. Vickar stated “give it ten years, and sheer demographics will bring orthomolecular medicine back from its 40 year

sojourn in the desert.” At present, however, America is not the thought leader; the pendulum has swung to others, especially in the Pacific Rim medical societies.

—Report by Greg Schilhab



Ron Hunninghake, The Riordan Clinic



Garry Vickar, USA

2016 Orthomolecular Medicine Hall of Fame



Inaugurated in 2004, the Orthomolecular Medicine Hall of Fame recognizes the achievements of pioneers and leaders in the advancement of Orthomolecular Medicine. On Saturday, April 30th, during the 45th Orthomolecular Medicine Today Conference in Vancouver, three new members were inducted, bringing the total number in the OM Hall of Fame to sixty-seven. Pictured above, from left to right: Jorgé Miranda-Massari, Tom Levy, Michael Gonzalez

Thomas E. Levy

b. 1950



Thomas Levy graduated as the valedictorian of Notre Dame High School in Biloxi, Mississippi in 1968. He went on to receive a Bachelor of Arts degree from the Johns Hopkins University in 1972. He graduated from Tulane Medical School in 1976 and received his postgraduate training in Internal Medicine and then Cardiology at Tulane as well. In 1998 he also received his Juris Doctor degree from the University of Denver College of Law.

Although Dr. Levy became Board-certified in both Internal Medicine and Cardiovascular Diseases, his traditional medical training did not prevent him from being completely open to and fascinated by the work of Hal Huggins, DDS, MS, whom he met in 1993 in Colorado Springs, Colorado, where he had been practicing adult cardiology since 1991.

After meeting Dr. Huggins, Dr. Levy then began what he has called his second medical education. At Dr. Huggins' clinic, he observed many patients improving substantially from diseases that he had been taught to regard as having no effective therapies, such as multiple sclerosis, Parkinson's, Alzheimer's, and even ALS. Shortly after witnessing these extraordinary clinical responses, Dr. Levy shuttered his own cardiology office and began working as a medical consultant to Dr. Huggins. Roughly

a year later, after seeing the seemingly steady stream of groundless legal actions that were advanced against Dr. Huggins for his non-traditional dental practices, he enrolled in law school in Denver, beginning a near daily commute between Colorado Springs and Denver for the next three years.

Dr. Huggins introduced Dr. Levy to the many profound uses and applications of vitamin C. Since his initial contact with Dr. Huggins, Dr. Levy has written seven books and co-authored three others. His research and writings have led him to conclude that all diseases ultimately start and are then propagated by increased oxidative stress in the affected organs and tissues, both intracellularly and extracellularly. His ongoing work continues to focus on contributing to the sound scientific basis for reaching this conclusion, as well as how to best slow and even reverse a variety of chronic degenerative diseases by lessening the levels of oxidative stress in the affected tissues.

Dr. Levy is a regular presenter at the Orthomolecular Medicine Today Conference.

Jorgé Miranda-Massari

b. 1961



Jorgé Miranda-Massari is a Professor and researcher of the School of Pharmacy at the University of Puerto Rico (UPR), and is adjunct faculty in the Masters of Naturopathy program at the EDP University.

Dr. Miranda-Massari has two bachelor degrees at the UPR, completed a Doctorate in Pharmacy at the Philadelphia College of Pharmacy and Sciences (now known as the Philadelphia University of Sciences), and a Post-Doctoral Fellowship in Clinical Pharmacokinetics at the University North Carolina. He also completed a Post-Doctoral training in Pharmaceutical Care in Nephrology from the University of Pittsburgh and a Post-Doc in Clinical Anti-Coagulation from the Medical College of Virginia.

In late 1990s Dr. Miranda-Massari and colleagues created a University Course on Integrative Medicine and started collaborating in a research project on vitamin C and cancer that was supported by Dr. Hugh Riordan at The Center for the Improvement of Human Functioning. Dr. Miranda-Massari became Research Director of the REC-NAC2 Project, focused in cancer research. This work eventually fostered the development of several concepts and theories published in over a 100 scientific and clinical publications in peer reviewed journals. He coauthored two books. *New Insights on Vitamin C and Cancer* from Springer, released in November 2014 and *I Have Cancer What Should I Do: The Orthomolecular Guide to Cancer Management*, in 2008. He is on the editorial board of several journals such as the *Journal of Restorative Medicine* and *Journal of Nutrition and Environmental Medicine*.

In 2008 Dr. Miranda-Massari won the innovative pharmacist award by the Puerto Rico College of Pharmacists. In 2014 he was admitted to the Academy of Arts and Sciences of Puerto Rico and to the Iberoamerican Academy of Science and Culture. Also in 2014, he received US House of Representatives Special Congressional Recognition for outstanding and invaluable contributions in the research of non-toxic treatment for cancer and other chronic diseases.

More recently he co-founded the Metabolic Correction Institute, a non-profit organization for clinical research and education. Dr. Miranda-Massari is a world renowned speaker at hundreds of conferences, including the Orthomolecular Medicine Today Conference.

Michael G. Gonzalez b. 1960



Michael J. Gonzalez is Professor at the Medical Sciences Campus, University of Puerto Rico and adjunct faculty at the University of Western States. He earned a Bachelor Degree in Biology and Chemistry (Catholic University), a Masters in Cellular Biology and Biophysics (Nova University), another Masters in Nutrition and Public Health (University of Puerto Rico). He has a Doctorate in Nutritional Medicine (John F. Kennedy University). He also has a Doctorate in Health Sciences (Lafayette University), and another Doctorate in Nutritional Biochemistry and Cancer Biology (Michigan State University). He completed a Post-Doctoral Fellowship in Geriatrics at the School of Medicine, University of Puerto Rico. Dr. Gonzalez is a Fellow of the American College of Nutrition and has authored over 200 scientific publications. He serves as a member on many scientific journal Editorial Boards, including the *Journal of Orthomolecular Medicine* and *Alternative Medicine Review*. He has served as consultant for several companies and has been responsible for designing formulations of nutritional supplements and pharmaceutical products. He has obtained several research awards for his work on Nutrition and Cancer. In December 2013, Dr. Gonzalez was exalted as Distinguished Ponceño in Medicine. In 2015 he was selected as member to the prestigious Puerto Rican Academy of Arts and Sciences and to the Iberoamerican Academy of Culture and Sciences.

Dr. Gonzalez has been a leader in the development of non-toxic chemotherapy treatments for cancer. The group published the first Phase-I clinical study utilizing intravenous vitamin C for treatment of terminal cancer patients in 2005, and also published in 2005 the most comprehensive review on vitamin C and cancer, as a follow-up on the work of two-time Nobel Laureate, Dr. Linus Pauling. They have brought many new concepts into the scientific field, such as the bioenergetic theory of carcinogenesis, the

systemic saturation phenomenon of intravenous vitamin C, the metabolic correction concept for disease treatment and prevention.

The book, *I Have Cancer What Should I do: The Orthomolecular Guide to Cancer Management* by Gonzalez, Miranda-Massari and Andrew Saul provides evidence based recommendations for an integrative approach for those dealing with cancer and seeking to improve quality of life and survival. In 2014 they published the book, *New Insights Vitamin C and Cancer*.

Report from the ISOM President

On March 2, Dr. Atsuo Yanagisawa was invited to a symposium in Moscow by the Russian National Academy of Active Aging. He gave presentations to 300 attendees on activities of ISOM, orthomolecular nutrition therapy, and high-dose IV vitamin C. This talk generated great interest among the delegates.

On March 20-21, JCIT held the first Ozone Therapy Training Course in Japan with 130 attendees. Dr. Frank Shallenberger, the president of the American Academy of Ozonotherapy, flew from the USA to Tokyo as the main speaker, and to celebrate the new beginning of orthomolecular medicine in Asia.

The 7th Biennial Conference of Neural Therapy was held in Quito, Ecuador. Dr.



Fernando Pinto, president of the conference, invited Dr. Yanagisawa to give presentations on orthomolecular medicine for cancer treatment, radiation damage from Fukushima nuclear plant accident, and adverse effects of HPV vaccine.



From left: Dr. Fernando Pinto (President, Ecuador), Dr. Hans Peyer (Vice President, Switzerland), Dr. Osvald Font (Puerto Rico), Dr. Yanagisawa (Japan), Dr. Christian Beyer (France) and Dr. Sergio Felipe (Brazil).



Board members of the Russian Academy and symposium speakers.



Dr. Frank Shallenberger and JCIT board members.
From left: Drs. Mizukami, Liu (Taiwan), Shimpuku, Mori, Shallenberger,
Yanagisawa, Matsuyama and Taira.



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Honorary President Late Dr. Brahim BABA

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 Vice-President Dr. Tahar NAILI
 General Secretary Dr. Ali ASSAI
 Assistant Secretary General Dr. Larbi DJAKRIR
 Treasurer Dr. Toufik SAADOUN
 Assistant Treasurer Dr. Chérif HAMADOUCHE

LIST OF INTERNATIONAL SPEAKERS WHO PARTICIPATED IN OUR SANMO SEMINARS IN ALGIERS.

From JAPAN: Prof. Atsuo YANAGISAWA, Cardiologist and President of ISOM and the Japanese college of intravenous therapy ; Risa YANAGISAWA, Manager Director of JCIT.
AUSTRIA: Her Highness Princess Dr Therese von SCHWARZENBERG ; Prof. George BIRKMAYER MD, PhD, fellow of the American College of Nutrition, professeur at Graz university in Austria ;
Dr. Heidi THOMASBERGER MD, Orthomolecular Practitioner in Wien ;
Dr Sabine WIED MD, Orthomolecular practitioner in Wien ;
USA: Pr Thomas Edward LEVY: PhD cardiologist is an American specialist in cancer therapy based on mega doses of vitamin C ;
Pr. Nina MIKIROVA, Research Director Chief at Orlando Clinic, Wichita ,Kansas,USA.
SPAIN: Pr. Gilbert Henri CRUSSOL: President of Antoine Bechamp Institut - Lezaka - Spain.
FRANCE: Pr Henri JOYEUX: Surgeon Oncologist and Nutritionist ;
Dr. Christine BOUGUET-JOYEUX: Nutritionist ;
Dr Monique BEJAT: President of the Koussime French Association ;

Dr. Marion KAPLAN: Nutritionist, specialist writer and researcher in human nutrition ;
Prof. Small MEZIANI: President of the European institute of anti-oxidant, Nancy ;
Prof. Michel NARCE: University of Burgundy, Dijon Physiology, Biochemistry ;
Prof. Mustapha DAVID: Prof of Mediation cultures at the Sorbonne University.

LIST OF NATIONAL SPEAKERS WHO PARTICIPATED IN THE SANMO SEMINARS:

Prof. Mustapha OUMOUNA, M.Sc. Ph. : Professor of Microbiology and Immunology, University of Blida and Média (Algeria) ;
Pr Hafida MERZOUK: Director of PPABIIONUT laboratory of Physiology, Physiopathology and nutrition, Tiemcen ;
Prof. Belkacem CHAFI: Phd, Gynecologist and specialist in cancer epigenetic ;
Prof Chafika Mehdid, Phd lecturer and specialist in odontology at the University Hospital Beni Messous, Algiers ;
Prof. Ahmed GHOUNI: Prof. in nutrition physiology- CHU Blida ;
Prof. Zakia ARRADA: Prof. of Paediatrics - Hussein Dey Hospital – Algiers ;
Dr. Meriem SAKER: Doctor of biology at the University of Tiemcen ;
Dr. Sabrina RAHMANI: Ophthalmologist in Algiers ;
Dr Tahar NAILI MD Vice President SANMO ;
Dr. Ilyes BAGHLI: MD President of SANMO.

CONEM Council for Nutritional and Environmental Medicine

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Awarded by "Institut Antoine BECHAMP"

SCIENTIFIC COUNCIL OF SANMO
 Dr. Ilyes BAGHLI
 Pr. Atsuo YANAGISAWA
 Pr. George BIRKMAYER
 Pr. Edward Thomas LEVY
 Pr. Hafida MERZOUK
 Pr. Gilbert Henri CRUSSOL
 Pr. Mustapha OUMOUNA
 Pr. Small MEZIANI
 Dr. Chafika MEHDID
 Dr. Heidi THOMASBERGER

ALGERIAN SOCIETY FOR NUTRITION AND ORTHOMOLECULAR MEDICINE

الجمعية الجزائرية للتغذية والطب الجزيئي

Timetti tazairit n'taggoula N'toudjia N'tazerf-taxeclawt

SOCIETE ALGERIENNE DE NUTRITION ET DE MEDICINE ORTHOMOLECULAIRE

SANMO (Algerian Society for Nutrition and Orthomolecular Medicine) is a non-profit-making Scientific Society run by volunteers and very motivated doctors. All board members work together in trust and share a common passion. Our main objective is to develop prevention in the medical field to not be forced to deal in the future. To achieve this goal, we are currently advancing nutrition and orthomolecular medicine.

We organize training seminars regularly in Nutrition and Orthomolecular Medicine based on cycles of six innovative seminars, scalable and non-repetitive. The SANMO operates on the basis of the circle of Vienna in which we share and spread the knowledge together between doctors, pharmacists, dentists, veterinarians, biologists, biochemists, agronomists, psychologists, physiotherapists, sports engineers and naturopaths. This is a very positive approach based on personalized medicine where everyone brings something to the patient's health, so that how we see to-morrow's medicine.

On 4 January 2016, the SANMO celebrated its 5th anniversary.

Since its creation, the SANMO records to his credit:

-Until then, we organized 23 training seminars with the participation of 18 international speakers and also about 13 leading national speakers.

-The 24th seminar was on 22-23 Jan. 2016 in Algiers. We also had the chance to welcome for the 4th time Prof. Atsuo YANAGISAWA and his daughter Rita who has always enlightened us on the progress of orthomolecular medicine worldwide.

- We also Published until then 22 Ortho Newsletters. These publications summarize the periodic activities of our association and transmit reports and summaries of key papers and the work and experiences of the shares of the participants enrolled in the course.

The Ortho23 Bulletin is being edited and will be published May, 2016.

For information, our newsletters are free downloaded on our site : www.orthomoleculaire.org
 Publication of two Handbooks Ortho DZ 1 and Ortho DZ 2 with over 900 pages each - The Ortho DZ 3 book is ready for publishing.

-We are very present on Media, as we Participated in 12 televised live on Canal Algeria Television, and we organize 2-3 Press conferences annually for local news-papers print media as well as we are asked to explain our approach in a live radio broadcast on Alger Canal 3 .

-The training completed with the delivery of the Certification SANMO-ISOM for 72 ORTHO-DZ SANMO-ISOM 2015 LAUREATS : Doctors, Pharmacists, Dentists, Biologists, Biochemists and Agronomists, listed on present right column.

Among our educational activities we also note:

- The ongoing training of a hundred members of the SANMO.

- The development of Protocol 1 to the SANMO in the treatment of chronic, degenerative and autoimmune diseases which was presented in Tokyo on March 2014 , in Vienna on October 2014 and October on February 2016 in Jaipur – INDIA .

Precisely , Doctor Ilyes BAGHLI, the actual President of SANMO has been recently awarded *"The International Life time Achievement for Global Extraordinary Contribution"* for his work on cancer & chronic diseases treatment, during the PGHTN CON 2016 International Conference, which was held in Nims University, Jaipur, Rajasthan, India from 11-14, February 2016.

The participation of SANMO at this Intercontinental Conference occurred on official invitation of President of the Conference and the University of Nims. The aim was to provide an opportunity for young innovative scientific associations operating worldwide to present their experiences and share them with others. This Programmed communication in nutrition session has also left a good impression among those present at the conference.

- We benefit from Pr. Gilbert Henri CRUSSOL Award Antoine Béchamp and we introduced him in the Scientific Council of SANMO

- we were present 2 times at the OMT Conference in Vancouver, Canada April 2012 and 2014. Dr Tahar Naili Vice-President of the SANMO had the opportunity to meet great figures of orthomolecular medicine and are now friends of SANMO.

- SANMO is since 2015 the Algerian Branch of CONEM : Council International for Nutrition and Environmental Medicine with headquarters in Norway.

- We are membership of the Japanese College of Intra-venous Therapy , So this pairing makes us enjoy the experience of our Japanese friends.

We have recently opted for a policy of participation in the conferences of other specialties in order to spread the nutritional approach to demonstrate that sometimes conventional medicine has limits.



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ORTHO-DZ SANMO-ISOM 2015 LAUREATS

- Abdelhamid BENCHARIF
- Abdelkrim DJERRAD
- Abdelkrim TAFAT-BOUZID
- Abdelilah DIB
- Abdellah KESSI
- Aicha TAYAR
- Ali ASSAI
- Amel KORRICHI
- Amin GASMI
- Amina LAGGOUN-BOURADA
- Assia GHEMATTI
- Baya KEBIR
- Cherif HAMADOUCHE
- Dahbia MAHIDDINE
- Djamel OULDSADSAOUD
- Djamila-Laila BENZAZZA
- Domia KHOUALDIA
- Fadila-Djazia AIT-OUAZZOU
- Faiza ZOBIR
- Fatima LATRECHE
- Fatima-Zohra AMIA
- Hafeda GHORZI
- Hafida ZHOURI
- Hakima AIT-HAMMI
- Halima GASHI-BENNOUR
- Hamza-Amanoullah MEKRI
- Hanifa BRAHIMI
- Hayat ZITOUN
- Hocine AROUA
- Ilyes BAGHLI
- Karima BENHAGOUA
- Karima MALLLOU
- Khadigia AISSAN-IOUALEN
- Larbi DJAKRIR
- Latifa KHEMMAR
- Leila HOCINE
- Laila MOUZALI
- Linda OULDSADI
- Lofti BENMANSOUR
- Lotfi RAHAL
- Lynda KACI-MEZIANI
- Mahmoud AROUA
- Malika BENHAFSI-BENBOUZID
- Missoum FERHAT
- Mohammed BILLAMI
- Mohamed MAROUF-ARIBI
- Mohamed-Rachad BOUMOKOHLA
- Nabila LADDI
- Nabila OUMEDJIKANE
- Nacima CHILA
- Naima BECT-MOULAI
- Nesrine SEDJELMACI
- Nouredidine BENYOUNB
- Sabah SALHI-GUENANE
- Salima-Aicha EL-MANSALI
- Salima TOUATI
- Samia BOUSBIA MESSIKH
- Samira OUMEDJIKANE
- Siham ANNOUN
- Sidi-Mohamed MOSTEFA
- Slimane ADDAR
- Small BOUKKERAS
- Sofiane TAKHRIST
- Souad HAMADI
- Souad MACHOUH
- Tahar NAILI
- Tawfik BENHADJ-SERRADJ
- Toufik HENTABLI
- Toufik SAADOUN
- Zahous BRAI
- Zineb-Nesrine BEKKARA
- Zohra SIDENNAS



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C1S1: 27-28 Oct. 2011	C1S2-S3: 26-27-28 April 2012	C1S4: 01-02 Juin 2012	C1S5: 12-13 Oct. 2012	C1S6: 25-26 Janv. 2013	C2S1: 22-23 Mars 2013	C2S2: 24-25 Mai 2013
C2S3: 28-29 Juin 2013	C2S4: 20-21 Sept. 2013	C2S5: 25-26 Oct. 2013	C2S6: 24-25 Janv. 2014	C3S1: 28-29 Mars 2014	C3S2: 30-31 Mai 2014	C3S3: 10-11 Oct. 2014
C3S4: 26-27 Dec. 2014	C3S5: 23-24 Janv. 2015	C4S1: 13-14 Mars 2015	C4S2: 14-15 Mai 2015	C4S3: 11-12 Sept. 2015	C4S4: 23-24 Oct. 2015	C4S5: 27-28 Nov. 2015
C4S6: 22-23 Janv. 2016	C5S1: 25-26 Mars 2016	C5S2: 30 Sept.-1 Oct. 2016	C5S3: 25-26 Nov. 2016	C5S4: 27-28 Janv. 2017	C5S5: 24 - 25 Mars 2017	C5S6 : 26-27 Mai 2017
C6S1: 29-30 Sept. 2017	C6S2: 24-25 Nov. 2017	C6S3: 26-27 Janv. 2018	C6S4: 23-24 Mars 2018	C6S5: 25-26 Mai 2018	C6S6 : 28-29 Septembre 2018	

sanmotv@gmail.com **SOCIETE ALGERIENNE DE NUTRITION ET DE MEDICINE ORTHOMOLECULAIRE** 7 Rue des Frères Khanouche – Kouba-ALGER ALGERIE
 Compte Bancaire N° 021001201800009458 auprès de la SOCIETE GENERALE ALGERIE Birkhadem - Association Nationale de Nutrition et de Médecine Orthomoléculaire-

Vancouver, May 1, 2016

Dear Participants of the ISOM Meeting,

Greetings from the Netherlands!

From 1999 to 2009, I served president of the ISOM. Since 1982 I have promoted orthomolecular medicine in the Netherlands, with the Ortho Institute, through the journal, *Ortho*, for practitioners, and a magazine for the general public, also with books (ten to date), courses, conferences and workshops. Now orthomolecular medicine is established within the complementary medical community.

I graduated as a pharmacist but have never practiced this profession. After my first meeting with Linus Pauling in 1985, I spent my life fulltime with orthomolecular medicine. This has been strengthened with the encounter with Abram Hoffer, who practiced as a pioneer doctor of orthomolecular medicine already in the 1950s.

From the beginning I supported orthomolecular medicine because it was very aptly defined in 1968 in the journal *Science* by Linus Pauling: Varying the concentrations of substances normally present in the human body may control disease. This sharp definition will, in my opinion, be the beacon in the future for all orthomolecular applications. To date, it has always fitted. In my view it is absolutely necessary to keep to this definition for the preservation and the future of orthomolecular medicine.

I have no doubt that under the inspiring leadership of Dr. Atsuo Yanagisawa you will achieve very fruitful results.

I wish you all the best and hope to meet you in person at the Orthomolecular Medicine Today Conference next year.

Best wishes,

A handwritten signature in black ink, appearing to read 'Gert Schuitemaker', with a long horizontal flourish extending to the right.

Gert Schuitemaker