

ISOM Co-presents Tokyo Seminars

The International Society for Orthomolecular Medicine, along with the Japanese Society for Orthomolecular Medicine, co-presented joint educational seminars in Tokyo on October 12th (for public) and 13th (for health professionals). The seminars were organized by Atsuo Yanagisawa, MD, ISOM president, Tsuyoshi Kitahara, Director of JSOM, and Toru Mizoguchi, MD, president of www.orthomolecular.jp, with administrative assistance from the Japanese College for Intravenous Therapy. James Greenblatt, MD, Boston-based psychiatrist, was introduced to Japanese public and professional audiences, when he presented his orthomolecular treat-



Dr Atsuo Yanagisawa, ISOM President, with Dr Hiroyuki Abe, JSOM Honorary President

ment approach for depression. Aileen Burford-Mason, PhD, from Canada, lectured to health professionals on the orthomolecular approaches for treating the cold and flu and for chronic fatigue. Both presenters from North America were well received by the delegates. Toru Mizoguchi, MD, presented to the public on the effect of diet and nutrition on children's behaviour, and gave a lunch-time lecture for professionals on the importance of the gut-brain connection. Over 200 members of the public and health professionals benefitted from the seminars. The ISOM looks forward to more such collaborations in Japan and elsewhere.



Seminar presenters and organizers, L to R: Toru Mizoguchi, Osamu Mizukami (JSOM President), Atsuo Yanagisawa, Steven Carter, Caroline Smoyer, Judy Greeblatt, James Greenblatt, Aileen Burford-Mason, Hiroyuki Abe, Tsuyoshi Kitahara.