

ISOM Conference

Polypharmacy Reduction

The role of nutrients

October 3–4 2025 Toronto Canada In-person and Online – live





CONFERENCE AGENDA

Friday, October 3

09:15	Welcome and Opening Remarks
09:30	The Modern Medical Nemesis: Polypharmacy in Patient Care – Alan Cassels
10:30	Break
11:00	Medication Detoxification: Principles and Practice – Paul Anderson, NMD
12:00	Pain Medication Deprescribing and Patient Management – Paul Anderson, NMD
13:00	Lunch
14:00	Pharmacogenetics for Improved Prescribing Outcomes – Ana Sabater
15:00	Break
15:30	Proton Pump Inhibitors: Deprescribing and Polypharmacy Reduction – John Gannage, MD
16:30	Q & A Panel Discussion
17:00	Orthomolecular Medicine Hall of Fame Inductions

Saturday, October 4

09:00	Metabolic and Repurposed Drugs in Cancer Care – Paul E. Marik, MD
10:00	Break
10:30	Deprescribing Cardiovascular Drugs: Statins and Beta-Blockers – Lindsay Adrian, ND
11:30	Therapeutic Applications of Oxygen for Neurological Conditions – William Code, MD
12:30	Lunch
13:30	EMF: The Missing Link in Optimal Health and Chronic Illness – Magda Havas, PhD
14:30	Break
15:00	Drug-Induced Nutrient Depletion: Case Presentations – Adrienne Junek, MD
16:00	Q & A Panel Discussion
17:00	Adjournment