

IN MEMORIAM

In Memoriam: Andrew W. Saul



February 5, 1955 – February 3, 2024

The death of Andrew Saul has left a profound sense of sadness and loss in the field of orthomolecular medicine. Throughout a remarkable career, he made significant contributions to the advancement of orthomolecular medicine and natural health.

Andrew was born and raised in Rochester, New York. He demonstrated exceptional academic capabilities, entering university at the young age of 15. After pursuing studies at the Australian National University, the Canberra Hospital, and the University of Ghana, Legon, West Africa, he earned his Bachelor of Science from SUNY Brockport at the age of nineteen.

Over the course of 35 years Andrew Saul played a pivotal role in orthomolecular and nutritional medicine. He worked as a consultant in private practice, specializing in nutrition research and vitamin therapy. His dedication to knowledge translation and dissemination led him to teach nutrition, addiction recovery, health science, and cell biology for the State University of New York, as well as clinical nutrition for New York Chiropractic College. His commitment to advancing the field of orthomolecular medicine was further demonstrated through his role as a columnist, contributing editor, and assistant editor for the *Journal of Orthomolecular Medicine*.

In 2005, he founded the *Orthomolecular Medicine News Service* (OMNS), a free-access, peer-reviewed platform that has since published over 135 issues under his leadership. In the same year he also testified before the Parliament of Canada, advocating for the safety and efficacy of nutrition therapy. His ongoing work earned him recognition as one of seven natural health pioneers by *Psychology Today*, and he was honoured with the Citizens for Health Outstanding Health Freedom Activist Award. Andrew was inducted into the Orthomolecular Medicine Hall of Fame in 2013.

Andrew Saul made a significant impact on the field of natural health education through his extensive literary contributions. He wrote or co-wrote a total of fourteen books, collaborating with esteemed authors such as Abram Hoffer. His editorial involvement in the acclaimed book *The Orthomolecular Treatment of Chronic Disease* (2014) and the influential *Vitamin Cure* book series solidified his position as a leading authority in natural medicine. Additionally, he was prominently featured in the documentary films *Food Matters* (2008) and *That Vitamin Movie* (2016).

Despite facing controversy and opposition, Saul remained steadfast in his pursuit of empowering individuals with knowledge about the benefits of orthomolecular medicine and nutrition. His dedication to challenging the status quo and advocating for evidence-based natural therapies has left an indelible mark on the field and will inspire future generations for years to come.

Andrew Saul will be mourned by the orthomolecular and natural health communities, and the countless individuals his many contributions have undoubtedly touched.

For more information about his work, you can visit www.DoctorYourself.com to explore the wealth of knowledge he has left behind.