

In Memoriam:
Harold D. Foster
1943–2009



A Selection of Tributes from www.orthomed.org.

Earl Staelin Colorado

I'm deeply saddened to learn of Harry's death. He was very helpful when I was searching for information on minerals in ground water for an article I wrote for the Well Being Journal in 2006. Then I discovered his work on AIDS, which he kindly forwarded and which I used for a talk. I asked the Well Being Journal to contact him and they published an article by him on selenium and AIDS. I was going to contact him for an AIDS update when I learned the sad news.

Karin Munsterhjelm-Ahumada, MD Finland

I met Harold Foster for the first time in Victoria BC, 2004, having dinner with him and Abram Hoffer after a consultation in Abram's office. Later I saw him many times in OMT conferences and admired especially his books, *What Really Causes Schizophrenia* and *What really causes AIDS*. His knowledge has been of immense help in my own work with orthomolecular medicine and I think he knew very well the importance of his brilliant research work! I am grateful and proud to have known him.

Rosalie Moscoe Toronto

I had the privilege of working with Harold on the board of the International Schizophrenia Foundation and will miss Harold's smile and fun personality. A brilliant, dedicated man to orthomolecular principles, he helped many through his books

and research, always looking to help heal the world. My sincere condolences to his family; know that his work will go on and on. He'll be sorely missed.

Sara Sochaczewski Montreal

It was my absolute pleasure in life to know you and I feel the loss of you tremendously. Rest in peace.

Dr. Brian Sparkes Toronto

This is a major loss. Harold was absolutely brilliant. He understood biochemistry better than many biochemists and being an outsider to this field he brought to it a clear vision without all the prejudices, taboos and false assumptions inherent in the minds of those who grow up as specialists in it. In the history of science, major breakthroughs are often made by outsiders to a field, and orthomolecular medicine has benefitted enormously from Dr. Foster's insights and scholarly proficiency.

Ray Pataracchia, ND Toronto

Harold's epidemiological slant on nutrients and disease provided a key contribution to the field of orthomolecular psychiatric treatment. Dr. Hoffer and Dr. Foster collaborated on mineral causation aspects of schizophrenia. The foundations of their work are profound enough that a new model of care for schizophrenia could easily be based on their contribution to science.

Gisella Colucci Toronto

He was a captivating speaker. So sorry to hear of his death. My deepest condolences to family and friends. May he rest in peace.

Bill Houston Thunder Bay, ON

I met Harold by email. We made a trade. I sent him a copy of my latest CD and he sent me a copy of the DVD he made about the orthomolecular program for AIDS in Uganda. Harold always answered my questions promptly. I will miss his intelligence and good humour. He was someone I wish I had known better. Like Abram Hoffer, Harold Foster will live on in my memory as a man who made the world a better place through his work, and who took time out from a busy schedule to befriend me.

Tom Lawless Kelowna, BC

What a loss! I will never forget his lecture where he stated, after much research and observation, that the perfect medicinal food for the condition of AIDS was a "cheeseburger...but, with a brazil nut bun." Quite a character, quite a life.

Joe Pittari Concord, ON

Harry was a tremendous teacher, supervisor and mentor. His passion and enthusiasm was contagious and lead me to study with him and under his in medical geography. He was and will continue to be a truly special man. we kept in regular contact - I will miss his friendship.

Ian Brown Barrie, ON

Dr. Foster will be missed! He truly cared for the planet and its inhabitants. He was always approachable at conferences and generous with his publications. RIP Harry!

Peter and Betty Homenuck Victoria, BC

Our condolences. Harold made a tremendous contribution to orthomolecular medicine. And we miss running into Harold on our walks at Willows Beach in Victoria. May God bless.

Merrily Manthey Florida

My deepest condolences to Harry's family. I will miss his genius and his delightful humor. His work is so outstanding that I have the utmost confidence that others will faithfully carry on Harry's projects.

Erik and Jinty Paterson Creston, BC

I admire Harold's work tremendously. He was a great inspiration. What I learned from him has been put to the service of both my patients and myself to good effect. He will be missed. He ought to have had much wider recognition for the service he performed for preventive medicine.

Andrew W. Saul Brockport, NY

When the history of civilization is written accurately, Dr. Harold D. Foster's name will be there as the man who stopped AIDS with nutrients. Millions will thank him and bless his life, as we do now.

Greg Schilhab Toronto

Harold Foster was a fascinating speaker and had a gift for synthesizing diverse, seemingly unrelated phenomena and showing us the orthomolecular whole. He will be missed by all of us, especially at the *Journal of Orthomolecular Medicine* where he contributed so many brilliant observational studies.