

## Abram Hoffer Tributes from Around the World

### **Greg Schilhab** Canada

Abram, you changed my life. I first heard of you many years ago as I researched alternatives for my father who was diagnosed with incurable cancer. Forgotten in the dark stacks of the medical library at the University of Western Ontario, I found your *Journal of Orthomolecular Medicine*. From that moment on our family traded despair for real hope and, implementing all the protocols of orthomolecular cancer therapy, my father survived for years in good health instead of the few weeks the oncologists had given him. Thank you Abram. *Requiescat in Pace.*

### **Joseph Then** Australia

Rest in Peace Dr. Hoffer. I am a retired almost 60 year old engineer and I know of your work only because I have one of your books, access to this website and because I have an interest in health and nutrition to ensure I age in good health and well-being. I have great respect for the pioneers in the field of orthomolecular medicine in which I count yourself as one with Nobel laureate Prof Linus Pauling. May your work inspire the next few generations of orthomolecular scientists.

### **Sandra Breakspeare** United Kingdom

Dear Dr. Hoffer, I weep at your passing, I admired you so much, your dedication, commitment and genuine caring for your fellow mankind. When I heard of you and your work it gave me hope for my son whereas before there was just desperation and hopelessness. Although I'm not a professional I will continue to do what I can to spread the word of your work. You will be sorely missed.

### **Bill Reynolds** Canada

I first met Dr. Hoffer in the mid 1960s at a lecture on psychedelics at the University of Montana. To say "meet" at that time is a slight overstatement; it was a very small group of students and so, quite intimate, so it was as if we actually met. I learned a bit about how B vitamins could be very helpful in working with young people who would get lost on psychedelic journeys and who could be assisted in reestablishing stasis with these vitamins.

I had no idea at that time that here was a man whose path I would cross countless times in the country and subsequent life path I would choose. In 1980 I commenced my career selling vitamins in Canada. At that time the company I was with was almost completely orientated to the professional market of doctors and pharmacies and we not only did some direct work with Dr. Hoffer supplying high potency pure vitamins, specifically niacin, we also attended, as an exhibitor, the conferences that the Canadian Schizophrenia Foundation held every year.

Through these events I was afforded the opportunity to meet Linus Pauling on a number of occasions, as well as another pioneer medical doctor in the US, Dr. Robert Cathcart. Meeting these people and listening to their discussions on the use of vitamins and nutritional supplements as adjuncts in the truly wholistic approach to human health have been a great benefit to me in my career.

I do not mourn Dr. Hoffer's passing so much as celebrate the life of a man who

never took the easier path, who not only practiced medicine but fought vigorously to expand the practice to include nutrients. He was a man whose legacy has left a mark on us all. Thank you, Dr. Hoffer.

**Atsuo Yanagisawa, MD Japan**

Dear Dr. Hoffer, You saved my son. My son was schizophrenic and was treated with niacin and other vitamins and minerals according to your book with sophisticated advice from your friends. My son is now getting well and working in a pharmaceutical company. I couldn't have a chance to say thank you until today, so what a sad day. Thank you and love always, Dr. Hoffer.

**Albert L. Dardanelli, MD Argentina**

Dr. Hoffer is no longer physically with us, however his work and his kind personality will stay with us forever. He was very friendly to me in spite of the distance, and generously contributed with his enlightening advice to the well-being of many of my patients. I can only regret that Dr. Hoffer never received the Nobel Prize. Dr. Hoffer, I know you are immortal and I will keep you in my heart for the rest of my life.

**Andrew W. Saul United States**

Abram Hoffer's life has not merely changed the face of psychiatry; he has changed the course of medicine for all time. His 30 books and over 500 scientific papers have yet to convince everybody, but they have well taught so many of us. We who have seen the benefits will tell the world. Such momentum is unstoppable.

If I might offer only one especially high compliment to Abram, it would be this: By experience, I have found everything he has written to be true. But there is much more than that: it is his presence and kindness to me that I miss the most.

**Dag Viljen Poleszynski Norway**

I was saddened to hear of Abram's death and would like to express my condolences to his family and many followers all over the world. I shall do my best to carry his legacy in my part of the world and I am grateful that I learned to know this great man!

**Dr. Erik T. Paterson Canada**

For more than half my life, and a major portion of my professional life, you were there as my best friend, mentor, father figure, and inspiration. In times of great stress, your fortitude was a great reminder to keep on. When I learned of your death I cried, mourning you more than I mourned the death of my father. Thank you for your and Rose's hospitality to me and my family. The world will be a poorer place without you. May you be back with Rose again.

**Christine Miller, PhD United States**

This sad news has affected me deeply, as I will forever regret that I did not get the chance to meet Abram Hoffer in person. Although his pioneering work has not yet received the complete recognition that it deserves, I believe that it will because he was following the correct path. From the time that he first wrote to me about my studies into the molecular basis of schizophrenia, there began a process of opening my eyes to the possibility that an orthomolecular approach might really work. With

intelligence and caring, he responded carefully to all my questions and it was clear that I would learn very much from our continued correspondence. There are still questions that I wanted to ask. I can therefore hope he left this world knowing that there are those of us out there who placed high value on his knowledge, his contribution, and what he had to say at the very end of his life. My heart goes out to his family and to all who were friends of this remarkable man.

**Gert Schuitemaker** Netherlands

The message came as a shock to me. Unexpected, despite his old age. But he still was so alive! He was a kind of director (as of a movie) in Victoria, giving directions, encouragements and comments, so characteristic for him.

Since the 1980s I had contact with him. It was a big encouragement to have the support of the founding father himself. This has helped a lot to get orthomolecular medicine on the road in the Netherlands.

But, now, a feeling of gratefulness is predominating. We can look back to a most valuable life, where he has helped so many people. We may say that he has helped mankind perceptibly. Not many persons can say that. Most probably one of the best things, that could occur in his professional life, was stated by him in his last email to me: "we are starting to flourish. I think we have turned the corner." (May 17, 2009)

**Jonathan Prousky, MSc, ND** Canada

I am so sorry about the passing of Abram. He was a tremendous person and physician. I have been so significantly impacted by his work and his generosity that I will miss him very much. I will miss his emails to me and his constant encouragement and support.

He was a mentor of mine and probably never realized how much he actually shaped my clinical work with patients. Abram was a tremendously gifted and creative person who will be missed by the thousands of patients that he helped and the thousands of clinicians that he inspired. Thank you Abram for all that you did and the incredible legacy that you leave behind.

**Angela Webster** Canada

Abe has made a significant difference in his lifetime. Very few people have the courage, integrity and fortitude to take a stand on principles as he did. He paid a price in the short run in terms of peer recognition and endured barbs and criticism, but in the long run, his work will continue to provide benefits to everyone in the field of complementary and alternative medicine as well as conventional medicine and people generally. He was a true pioneer and a curious, energetic professional until the end. What an exemplary life and an inspiration to many for years to come.

His presence will be missed but he will live on in the hearts and minds of the innumerable people he has helped and inspired.

**Norma MacKellar** Canada

It is with sadness that I read of Dr. Hoffer's passing. I took my son to see him in Victoria three years ago. His work played a major part in turning our family life around. I greatly admire his commitment to supporting families like us giving us back hope in our future. Abram Hoffer's life will be long celebrated in our home.

**Robert Sealey, B.Sc., C.A. Canada**

Abram Hoffer saved my life - but he was not my doctor. After decades of living with a bipolar II mood disorder and getting misdiagnosed and mistreated, in 1995 I was sick, suicidal and desperate for help. Another depressed person suggested the Journal of Orthomolecular Medicine. Two miles from my home, Steven Carter introduced me to books about restorative care and I quickly recovered by reading and carefully following the suggestions of orthomolecular health professionals. Even though I was just a nobody from nowhere (and not his patient), Abram Hoffer showed me respect, approval, interest, support and encouragement. He encouraged me to pay-it-forward by volunteering, attending orthomolecular conferences, reading and reviewing orthomolecular books and telling other people so they could benefit from the best quality care in psychiatry: differential diagnosis and restorative treatments. Thank you Abram Hoffer for saving my life and for helping thousands of other patients to recover and live well.

Thank you for researching and developing orthomolecular medicine as a restorative dimension of care. Thank you for writing books and articles and editorials and thank you for setting up a worldwide network of friends, patients, family members, caregivers and health professionals who know that orthomolecular medicine can restore health so patients can recover and live well. We will never forget you, Abram Hoffer, for co-founding orthomolecular medicine and dedicating your life to researching and developing restorative treatments, caring for patients, writing, networking, educating the public and sharing your adventures in psychiatry for more than 50 years!

**W. Todd Penberthy United States**

What a terrible void I personally feel with Abram not here. He was so apolitical yet monumentally successful as a medical doctor and scientist in the truest sense of the word successful. It is so rare to find an individual so generous with advancing human knowledge in such incalculable fashions. He was just a shining example of what a medical doctor and/or scientist should strive to be. Abram was a man who really cared about the patients more than all of the material things. Cannot even begin to say enough about him and I only met him once in my life. He was one of the few people that really endlessly asked the question: What works best?

**Maie Liiv Canada**

Pericles - "What you leave behind is not what is engraved in stone monuments, but what is woven into the lives of others."

**Patricia Jobst United States**

I did not have the pleasure of meeting Dr. Hoffer; however, as an assistant to Dr. Riordan, I corresponded with him. He impressed me as a very kind and compassionate man, dedicated to helping others. Mostly, I will remember the enduring friendship and respect between Dr. Riordan and Dr. Hoffer.

"Death comes to all, but great achievements build a monument which shall endure until the sun grows cold." - Ralph Waldo Emerson

**Raymond J Pataracchia, BSc, ND Canada**

I will always remember Abram as a humble giant in his field. Abram left us a detailed knowledge base suited to alleviate human suffering. When I was an intern,

he instilled in me a passion for psychiatric nutrition. I will not forget the direction he gave so freely when I was a student and later in clinical practice. Though it is a great loss and we are all in mourning, Abram left us tools to move ahead and forge orthomolecular medicine into the landscape. Big shoes to fill

**Rosalie Moscoe Canada**

It still doesn't feel real - Abram Hoffer, this giant of a man, having passed away. I will miss his brilliant and always caring mind and heart. I was fortunate to know him and work with him through the International Schizophrenia Foundation. His books are enlightening and highly recommended to all. He was caring, determined, and pioneered a new paradigm in medicine which is slowly but surely taking hold - nutritional therapy to help ailments of humankind and to prevent them as well. His work will live on, but I will miss seeing and hearing him speak in person. He was determined to help those with schizophrenia and other mental illnesses, so that they could live a better life and prosper.

One of his early books on schizophrenia helped save a member of my own family. How fortunate our family is that I found that book It spurred me on to become a holistic nutritionist. My family and I send our deep sympathies to Dr. Hoffer's loving family for their loss. His work will shine and live on through his books, research papers, editorials and in those he has treated and mentored. I know that in time his contribution will be felt by all on this planet. We'll all miss you Abram. We are all so grateful for your tremendous contribution, your spirited tenacity, and for your life's work of helping others.

**Kent Macleod Canada**

His death has come as a surprise. His mind and his drive never seemed to age All of us who have strived to help others using orthomolecular methods have been inspired and encouraged by Abram. Sometimes, when I have felt discouraged simply the thought of Abram has put a smile on my face and a jump in my step. When I have faced adversity I have used the technique "what would Abram say or do?" to guide me in my next step. It is a great loss but his heart and mind are not easily forgotten. I am a better person and I am grateful for having known him. I express my gratitude personally and on behalf of my clients.

**Barry Breger Canada**

Some thoughts on Abram Hoffer, my teacher: I can only reflect with some regret on my decision not to go see Abram last February and thinking "at his age, we never know how long he will be with us". My reasons for not going seem small and unimportant in retrospect; alas, that's life. No regrets, just lessons.

We have lost a giant, a force of sanity, logic, knowledge and above all, strength and inspiration for those of us who follow. With him go his deep well of memories, his perspective on the history that he lived and that he studied, his experience; in short, the wisdom that can only come with the weight of years.

I am greatly saddened for myself, for our struggle and for the world. It sounds like he died as he lived - no beating around the bush, no wasting time or words; a life lived to the fullest, a short hospitalization and on to the next stage. If he had something to say, whether it was in speech or through the written word, he just got on with it-direct, well informed and to the point. I will miss his editorials in the Journal. I was already missing his closing talks at the OMT conferences.

His life and his work have profoundly affected my life. They are responsible for the direction my life has taken, from my first reading Linus Pauling's book in 1970 *Vitamin C, the Common Cold and the Flu*, a book and a direction that Pauling took because of Dr. Hoffer, to his book, *Adventures in Psychiatry*. Through me, many people's lives have been affected, and I hope many more will be.

**Bradford S. Weeks, MD United States**

Abram Hoffer was a mentor - infinite in his compassion, encouragement and inspiration. It is an oxymoron, breath-taking as it is bewildering, that such a potent and persistent force for health and life has passed on.

I credit so much of what I do well for my patients today to this fine doctor. Abram was a true scientist and an inspiring teacher whose successful, innovative orthomolecular practice offended lesser physicians. Fully deserving of the Nobel Prize in medicine, alas his remedies were natural, not patentable, (cheap not expensive) and his life-transforming work was therefore shunned by the medical industrial complex.

Who will miss this man? All those suffering with psychiatric illnesses and those who like me who strive to help them. We can recall the words of the 14th century physician, Paracelsus in reflecting upon the career of Abram Hoffer - Paracelsus wrote: "I pleased only my patients."

Abram pleased his patients (an understatement!) as well as his students and his orthomolecular colleagues, but he terrorized those doctors whose practice was limited to patent pharmaceutical remedies for they were neither scientific nor, in the long run helpful. Today psychiatry offers less benefit than did the Quakers over 100 years ago when their cure included: 1) low stress "time out" from the life process which drove them to a nervous breakdown, 2) good whole food nutrition and shelter (lowers stress and thereby adrenochrome); 3) opportunity to develop self esteem through meaningful activities while they recovered.

Primum non nocere - first, do no harm - described Abram's orthomolecular work and because of him, tens of thousands of lives are more whole and fulfilling and (his personal yard stick of recovery) more taxes are paid, because he brought the psychotic back to (specifically a productive and rewarding) life.

No one else was able to do that when Abram started out. He changed medical history and he changed the lives of everyone who was fortunate enough to meet him.

What will we orthomolecular doctors and we families of those suffering with psychiatric illnesses do now without Abram to guide us? Who else stands astride the entire history of modern psychiatry and remembers the relevant old studies which hold orthomolecular keys to new therapies? No one can fill the professional void he left.

**Pavel Aksentyev United States**

Dr. Hoffer has passed away, but his legacy will remain. The field of Orthomolecular Psychiatry is entering a new phase, and we, as a community, have grown enough to continue without the direct support of our forefathers. Thank you, Dr. Hoffer, and have a wonderful journey! Peace

**Joan Mathews-Larson, PhD United States**

Abram's passing fills me with such sadness. His wisdom and innate goodness has pioneered a real renaissance in healing that continues to prove itself all over this planet wherever orthomolecular medicine has taken roots. To leave such a legacy for

humankind is breathtaking! Abram, your personal kindness and support shall never be forgotten. To Abram's children Miriam and Dr. John: God bless and comfort you both through these sorrowful days.

**Harold D. Foster, PhD Canada**

I can think of no words to describe the loss of a great doctor, a great man, a great nutrition pioneer, and friend. The world has lost a leader of Orthomolecular Medicine. I would like to think that he, Dr. Pauling, Dr. Riordan, Dr. Cathcart and the other great scientists are gathered around a table and planning a great Heavenly "Orthomolecular Meeting." I will miss him and his expert advice more than I can say. We have lost him, but not his goals. It is our obligation to make sure that, ultimately, orthomolecular medicine triumphs.

**Dr. Steve Hickey United Kingdom**

Abram Hoffer's leadership and genius will be sorely missed. The last of a generation of great doctors and scientists in the field of nutritional medicine, he was an inspiration to all who knew him. Hoffer gained worldwide fame, firstly for his work on the origins of schizophrenia and, later, for his contributions to nutritional medicine.

To those who knew him, Hoffer had a spirited sense of humour and, in his own words, the hide of a politician. He needed that protection as, for much of his career, he was in conflict with prevailing ideas and paradigms in medical science.

On one occasion, I told him of my astonishment at seeing niacin, his favourite vitamin, transform a patient suffering from an intense psychotic episode back to normal functioning. His reply illustrates his good humour, despite decades of fighting the medical establishment: "My critics never called me liar when I spoke about recoveries, but they knew that it was due to my marvellous healing personality, as they also knew as a matter of fact that vitamins had absolutely nothing to do with schizophrenia. Now we know that you, too, have that marvellous personality. Congratulations."

**Dr. James A. Jackson United States**

Dr. Abram Hoffer was an intellectual giant and visionary who deserves my total admiration and respect

**Orlando Pacin, CFT Malaysia**

This has been a great loss, but his legacy will live forever, we need so much more of this type of medicine that he mastered. Your thoughts and genius will always be with us. Thank you for all your kind work. May you rest in peace.

**Dr. Ian D. Brown Canada**

My sincere condolences. Abram Hoffer was a great man! I had the privilege of preceptoring with him at his office in Victoria. He treated everyone with compassion and respect, and most of all gave them hope. I enjoyed seeing him at Orthomolecular conferences across Canada. My thoughts and prayers go out to his family and many friends. I can rest assured that he lived a full and service filled life. May his memory and work live on.

**Patrick Holford United Kingdom**

I am so grateful for Abram's life. Together with the greats of orthomolecular medicine - Linus Pauling, Roger Williams and Carl Pfeiffer - we have the legacy of a

truth about a new approach to medicine and mental health that cannot be undone. When we invited him to the UK to lecture at a conference he cornered me in the lift (elevator) and said 'You will make a huge difference to mental health in Britain.' It felt more like a command than a prediction. I hope he keeps sending his blessings from above because we've got lots of work to do in his honour.

**Dolores Bruni** Canada

Abram Hoffer was such a wonderful, inspirational man and helped many people. I wish I had the opportunity to meet him. I had e-mail correspondence with him and he encouraged me to pursue my quest in helping my mother who was diagnosed with Schizophrenia. I have learned so much from him, I just wish that I could have learned about him sooner. He was a giant in his field and beyond and hopefully with all of his advancements, the face of conventional mental illness will be changed. We owe a lot to this man and I am truly grateful to know of him.

**Efrem Caballero** United States

We've known about his scientific works only a few weeks and we are convinced of the great benefits that they have and continue to contribute to the mentally ill and their families. He has given hope to the desperate and abandoned. After reading three of his books we came to the decision of traveling next week to Victoria B.C., Canada seeking a cure for our son.

Through his books and articles we learned, for the first time, about the existence of the International Schizophrenia Foundation and we plan to become members. Today we just received in the mail the DVD *Masks of Madness – Science of Healing*. We are deeply saddened for his death but grateful he left well trained and competent people to carry on his mission. We shall do our best to make known his legacy around the world, especially in our country, Colombia, South America.

**Jan and Pat Galasso** Canada

From Jan: How can I thank you Dr. Hoffer for your advice on what nutrients to take when I was diagnosed with breast cancer in Apr. 1997. You answered many questions and always got back to us promptly. What generosity and kindness you showed to me and so many others. Your leadership has taken Orthomolecular Medicine to a much larger number of people and many are following your lead. 12 years later I say Thank You from the bottom of my heart.

From Pat: The surgeon sloughed off any discussion of nutrient assistance prior to contacting Dr. Hoffer. A month later, after Jan had been on the nutrients recommended by Dr. Hoffer, and just prior to the surgery, the surgeon said "Excellent, the tumour has not progressed". We knew why. The lumpectomy was performed and we then met with the oncologist who strongly recommended radiation treatments. At the end, Jan said "I intend to go the natural route, and not take radiation", after which the oncologist said, "Just think, Mrs. Galasso, how you are going to feel when you realize that you have made the wrong decision." So much for medical ethics.

How does one evaluate, measure, assess the knowledge, generosity and dedication of someone who saved the life and quality therein of the one you love so dearly? God Bless You Abram. You have set the bar at a height never to be surpassed in a life dedicated to the wellness of others.

**Chad Wilcox United States**

I would like to offer my condolences for the friends and family of Dr. Hoffer. I have been conducting historical dissertation research on orthomolecular psychiatry and megavitamin therapy for schizophrenia, and have necessarily spent much time reading the works of Dr. Hoffer. I am thoroughly impressed with his seemingly indefatigable dedication to his field. His contributions to the biochemistry of mental illness will not be forgotten. Psychiatrists around the world would be more capable professionals if they exhibited the passion of Dr. Hoffer.

**Linda Santini United States**

It is so hard to accept that my hero, Abram Hoffer, is no longer with us. To this day, I can separate my life into two distinct halves: Part 1 was the chaos and misery we suffered at the hands of APA psychiatrists who only gave labels for my loved ones' psychiatric problems, then prescribed synthetic drugs to cover up the symptoms. Part 2 began the day I learned of Dr. Hoffer and orthomolecular medicine. Now, instead of my loved ones being forced to live out their lives with "ADHD" or "bipolar with psychosis," or "uni-polar bipolar," or other meaningless labels, we have real mental health and lives worth living. Dr. Hoffer taught us to be intelligent about mental health. I wish everyone knew about Dr. Hoffer and orthomolecular medicine. I am honored that Dr. Hoffer wrote the foreword to my book, encouraging me all along the way until it was finished.

Revered by so many, myself included, Dr. Hoffer was a great man and will be sorely missed. My deepest condolences to Dr. Hoffer's son and daughter, John and Miriam, and the rest of his family. You will always be in my heart, Dr. Hoffer.

**Steven Battaglino, D.C. United States**

The ending to Dr. Hoffer's In Memoriam video says it all, "thank you." I must echo Dr. Hoffer's own prediction that the currently accepted treatment paradigm will be forced to reverse itself in the future, due in very large part to his tireless efforts. Indeed, a shift has already begun, and the truth can never be permanently suppressed. History will honor you as I do.

**Eva Herr United States**

I am so honored to have known Dr. Hoffer. I had the privilege of interviewing him on my radio program (Infinite Consciousness [www.bbsradio.com](http://www.bbsradio.com)) on April 12 just a few weeks before he died. What a brilliant and honorable man!!! If anyone would like an MP3 of the audio, please email me at [evaherr@gmail.com](mailto:evaherr@gmail.com) and I'll be glad to email one free of charge. Agape.

**KM Canada**

My psychotic episodes are gone now thanks to Dr. Hoffer! I have not been hospitalized in 9 years. I take Hoffer's prescription for me: 3000 mg of niacin a day, 1000 mg of vitamin C, super halibut oil, B 50, 5 mg of folic acid. I also take a low dose of Risperidone because I am too scared to not take it. I am not sure if I need it now that I have quit smoking, too. I am avoiding chemicals in foods that helps too. I adored Dr. Hoffer. He was a very important and also courageous man. I think his patients should petition the medical field to research niacin once again. Why should people suffer needlessly when they don't have

to? I have been through hell with my illness and so have others. Why won't the medical field work on the advancements Hoffer has made? I will miss Dr. Hoffer terribly he was an awesome individual with a huge intellect! Must remain anonymous as I do a radio show and do not want my listeners knowing I am bipolar/schizoaffective.

**Aileen Burford-Mason** Canada

A true pioneer, and a life lived well. My condolences to his family and the colleagues who worked closest to him. He will be sadly missed.

**Patrick Kelly** Canada

Dr. Hoffer, I'm so sad that you've passed on. I wanted to come and take you for lunch again. You saved my life from the grips of what was called terminal bone cancer. In 1999 I was diagnosed with chondrosarcoma and you were the first person that offered me hope other than surgery (which I didn't have). I still take most of the orthomolecular program that you prescribed for me ten years ago. You gave hundreds, perhaps thousands of cancer patients important hope to live. You were a great inspiration and leader in the world of complementary health care. I will miss you!

**Romarico Galvez** Singapore

I first learned about Dr. Hoffer's orthomolecular medicine in 1978 when I was suffering from depression and hypoglycemia. My physician at that time was Dr. Purificacion Verzosa (deceased) a pioneer Orthomolecular practitioner in the Philippines. She prescribed me an intake of vitamins C, E, niacin and niacinamide. I stopped the sessions with Dr. Verzosa due to budget constraints but continued with the intake of the vitamins on an ad-hoc basis. The therapy did not completely resolve my problems but it was helpful in increasing my appreciation of safe alternative medicine. I owe this all to Dr. Hoffer. Rest in peace, Dr. Hoffer, you will be missed by many. God bless you.

**Irene Carlson** Canada

A wonderful pioneer in his field that we will never again see the likes of again. He was kind, gentle and ever so humble! Thank you God for this wonderful man, a gift to the abandoned and the wealthy. It did not matter with him he loved everyone.

**Audrey Alexander** Canada

My heart is heavy at the passing of a dear friend. Abram's prompt replies to my queries for my family and clients were always right on, encouraging and supportive. His life and how he gave to mankind is an inspiration to all of us, colleagues and patients alike. We will all miss him greatly but pledge to "carry the torch" for Orthomolecular Medicine. My deepest sympathies are extended to Miriam, John and families.

**Noemi Rodriguez** Mexico

I met Dr Hoffer in Victoria with my aunt who had liver cirrhosis and traveled from Mexico a long way, to see him and Frances, in order to get help with orthomolecular medicine. He and Frances not only helped me but gave my aunt a program with kindness and good will. She died in December, 2008. I know Frances and many more will continue with this purpose.

**Sara Sochaczewski Canada**

You saved my daughter's life and, by extension, my own. That's where it started but that's not where it ends. You gave me a new passion in life and I will continue to spread the Orthomolecular message in any way I can.

You gave me a card that says, "Strength does not come from physical capability. It comes from an indomitable will." And I have that will. Thank you.

**Rose Carreras Canada**

He was a wonderful man, true to his ethics and pursued his beliefs to the end. We are a family that have progressed from crisis to calm, with the application of his advice.

**Malcolm Canada**

A very kind and encouraging individual.

I saw him on many occasions for my schizo-affective disorder which I treat with niacin, other B vitamins, fish oil, and a low dose of medication. I agree with other posts that Niacin (and its flushing properties) should be researched for its ability to make significant benefits to stress and psychotic symptoms. Hopefully his work will continue to inspire new physicians to better treatments that drugs alone do not provide. Thank you Dr. Hoffer.

**Darlene Bird Canada**

My son and I had seen Dr. Hoffer again about 10 months ago. He looked wonderful and we found he has the most kind and sincere spirit. He made the world a better place and we feel privileged to have known him. What a brilliant man.

**Bill Houston Canada**

I was first made aware of Dr. Hoffer and his work in 1969. I had had a "nervous breakdown" at school and was having a difficult time trying to distinguish reality from fantasy. On his treatment program (niacinamide and ascorbic acid), I fully recovered and have remained so ever since. Thirty years later, at an orthomolecular conference, I was surprised that he actually remembered me and my case! This encounter convinced me that he was no ordinary doctor. Dr. Hoffer and I corresponded by email during the last years of his life and I will always treasure my association with him. I was amazed at his clarity of thought at such an advanced age. It was obvious to me that he was doing something right.

During a long and distinguished life, he brought hope to people for whom there had been no previous hope. He stood up for what he believed even in the face of fierce opposition and he challenged arrogance and ignorance wherever he found it - even when he found it at the top of the established order. I will miss him but will celebrate his life as long as I live.

**Maria B Canada**

Dr. Hoffer lived a long and productive life with the aim of alleviating the suffering of people. His family and the ISF will continue his work. Let's see the work of Dr. Hoffer and Linus Pauling become mainstream medicine.

**S Boisvert Canada**

Last month I wanted to sent an e-mail to Dr. Hoffer to let him know that my son started his orthomolecular program again and that his health is improving ... I feel

sorry that I did not ... We first read about orthomolecular in 97 and it was really great to be able to send Dr Hoffer an E-mail and to receive an answer within a few days. He gave us hope and personal encouragement. He really cared and even if we feel it as a great loss not to have him with us any more ... his spirit lives on and with it the feeling that we have the power to make our lives better . Thank you Dr. Hoffer.

**Donna Robinson Canada**

Dr. Hoffer was a courageous, compassionate and brilliant man, truly a unique physician and a great Canadian. We were fortunate to hear him speak and to speak personally with him two years ago, and to be able to thank him for all he has done for others. He was a blessing to all.

**Sam Ibrahim Canada**

I saw Dr. Hoffer quite a few times and I used his orthomolecular treatment as pharmacist in my store in Edmonton for about 30 years until I retired five years ago. He was great, gentle and kind. I will miss him.

**Celia T. Lising Philippines**

I wanted so badly to take my daughter to see Dr. Hoffer as early as last year but my daughter was not ready then. Finally in May, our family made the 11,000 plus miles trip to Canada to see him but was only met with disappointment. Dr. Hoffer had gotten ill and we found out he had died 6 days after our appointment date.

Although my daughter was never able to see him, she has already taken the "orthomolecular route" to recovery and healing. We will forever be grateful to Dr. Hoffer for this. I am personally enlightened by the books he has written and because of this, I have gained faith, peace, and confidence in dealing with my daughter's illness. Thank you so much, Dr. Hoffer!

**Jack Phillips United States**

As a new friend and admirer of Abram Hoffer, I am saddened by my loss of a mentor. He encouraged me to do what I could to remove the stigma associated with mental illness and to improve the circumstances of those unfortunates who are forced to reside in jails and flophouses in my country. His death at my age makes me aware of my mortality, but with continued vitality I shall continue to pursue the goal of making orthomolecular treatments available to the mentally ill.

**Anna Gabrilo Canada**

I just want to say that Dr. Hoffer was my ultimate healer for all my illnesses and it was a pleasure meeting you and to all the others him. He changed my life for the better and I'm glad, happy and enlightened that I got to use the power of his healing to cure my mind, body and soul. He is an amazing man and rest in peace because the universe is watching you! Love always

**Karen Serene Carr United States**

I just want to say that Dr. Hoffer will be missed. I never had the opportunity to meet him personally, but I had the opportunity to speak with him over the phone. Dr. Hoffer instructed me concerning my son's illness with schizoaffective disorder.

He was very helpful by giving me the name of a doctor who could help my son. I will miss Dr. Hoffer, He was a great man!

**Dr. Elisabeth Gold Canada**

I am sad to hear of Dr. Hoffer's death. He generously replied to my many emails about my son. His wisdom and caring helped me through many dark times and also helped my patients. His legacy is tremendous. A real mensch.

**Ron Montgomery Canada**

Dr. Hoffer saved my life almost 40 years ago. He is a true hero. Being trained as a film maker I've always wanted to tell the story of how I triumphed because of him. It became clear the stereotype of schizophrenia is still out there and even just saying that you were cured of it leads to suspicious reactions. People just don't believe it's curable. Well it is and I'm living proof. Thank you forever, Dr. Hoffer.

**Sung Ho Park (Korean Society for Orthomolecular Medicine) South Korea**

What a great loss, indeed. But what great legacy he leaves behind for us all to continue. Not only was Dr. Hoffer an amazing gift to science and medicine, his courage to challenge the conventional wisdom of his time continues to inspire us all today.

When the Korean Society for Orthomolecular Medicine (KSOM) was founded in 1998, orthomolecular medicine was a relatively unknown concept in Asia. Over the past decade or so, I was able to witness Dr. Hoffer's passion for his work that was simply contagious. And it is in the spirit of that same passion that KSOM continues its work today. The impressive number of Asian delegates in attendance at the recent Orthomolecular Medicine Today Conference in Montreal is a testament to Dr. Hoffer's passion that is alive and well!

**Lori Holman United States**

Dr. Hoffer was without a doubt one of the greatest humanitarians and physicians in the world. He knew not only how to help to cure with orthomolecular medicine, he understood genetics and stress as it contributes. I feel honored to have met him and been treated by him. His deep sense of inquiry and his compassion was inspiring to me and informs my work as an advocate. I will never forget him.

**Andrea Chernin, MD Canada**

What a rare privilege to meet such a brilliant man and true patient advocate, and to have him transform the lives of so many who could not be helped by conventional medical "best practices." I look forward to a time when conventional medicine/ psychiatry matures and embraces Dr. Hoffer's paradigms sufficiently to become the true healing profession they desire to be.

**Lisa Maxine Kjernisted Canada**

I am eternally grateful to have met Dr. Hoffer in the late winter of 2009. He treated my children who suffered from bouts of acute, debilitating rage &/or anxiety, children who were 95% of the time well adjusted, compassionate & confident. His recommendation of high doses of B<sub>3</sub> and vitamin C has worked effectively to help them to deal with life's curves & tailspins calmly & thoughtfully. I will never forget Dr. Hoffer (nor will Jasper & Sara) for the simple yet effective life altering

treatment he suggested. I continually share my experiences & what Dr. Hoffer suggested with others to advocate for Dr. Hoffer's orthomolecular medical philosophy. Rest in peace Dr. Hoffer. We will always love you and remember how you changed our lives for the better.

**David Lalande** Canada

What a joy it was to meet such a caring man. When I had brain cancer, he was the only doctor that told me I was going to be alright, and he was right! I will miss him so much.

**John Lalande** Mexico

Dr. Hoffer is a hero to myself and my family. This great man helped to save my brother's life when he was battling cancer. As well he inspired me through his treatment protocols to beat a vicious cycle of alcoholism. Peace, Dr. Hoffer.

**Karen Khoo** Malaysia

I will always be thankful, appreciative, and honoured to have met Dr. Hoffer. May his legacy continue by those who share his vision. My thoughts are with his children and their families, and those who have had the privilege to know him; be it personally or through his books and writings. Thank you, Dr. Hoffer, for being here as long as you were.

**Deirdre MacKenzie** Passmore, BC

Dr. Hoffer saved my life in 1993. He diagnosed pellagra and recommended the treatments. I needed. Every creature is grateful for another's kindness - but isn't it wonderfully gratifying for a doctor to be able to see such a marvellous effect of his/her treatment and advice on a patient, and to witness the amazement, the relief, the joy of improvement. I had cataracts, dx'd in 1992, But they'd gone away - that is, I was able to see again. But the improvement had been dependent on my improved metabolism. It was all a great mystery. However I can attest to the fact that without Dr. Hoffer's help I would never have had the confidence or the determination to persevere in my struggle to get treatment such as cataractomy, and finally, the respect of physicians who consistently behave as though I was too old and too sick to bother with.

I would like to say that his patients are his life work's legacy and all the proof the world needs of the rightness of orthomolecular treatments. My own doctor - an excellent doctor who knows far more than most physicians the worth and the benefit of vitamins, minerals and enzymes and factors and co-factors.

**Cyndi Hoholik and Robert Maldonado** United States

Unfortunately, I did not have the privilege of meeting Dr. Hoffer, nevertheless, that doesn't mean he hasn't helped us. My son and I have read several of his books and have spoken numerous times with Frances on the telephone. It doesn't take genius to recognize genius and that's precisely what Dr. Hoffer was. More than that, however, was who he was. Even without meeting him personally, I feel confident in say that Dr. Hoffer was a kind man with an insatiable drive to help people. This fact is reflected in his every word throughout his many published books and articles.

Because of Dr. Hoffer's incredible research and his infinite compassion for people suffering from biochemical imbalances, I believe that one day all will acknowledge

that mental illness is a physical illness that can be cured. Dr. Hoffer wrote in his book, *Healing Schizophrenia*, that someday the name of the mis-termed chemical disorder, schizophrenia, would be dropped for a more appropriate term/name and the group that excretes KP (kryptopyrrol) would be termed pyroluriacs. Thus the stigma placed on these individuals would be removed, as pyrolle disorder is a vitamin B<sub>6</sub> and Zinc deficiency. God knows our physicians and psychiatrists here were not willing to listen or acknowledge what I knew in my heart was the truth when I read Dr. Hoffer's many articles and books.

Therefore, I thank God for Dr. Hoffer and all of his research that has saved so many from pain and anguish, including my son and myself. So today, to begin the change, I want to say that my son suffers from pyrolle disorder and he is not schizophrenic, but instead more correctly termed, pyroluriac. Thank you Dr. Hoffer! You've made the world a better place. What a great legacy to leave.

I extend my sincere sympathy to Dr. Hoffer's family and close friends.

**Sara Kjernisted Canada**

I am 8 years old and want to say that what Dr. Hoffer suggested really helped me.

**Sigmund Rosen, MSW United States**

My family and I are all much better due to good doctoring, and especially the kind attention of Dr. Hoffer. A seer is often recognized by his progeny and influence in following generations; we look forward to continued research and fine-tuning of the diagnosis, treatment and possible prevention of illnesses. Institutionalization of his protocols is a must. A patient dx. with Schizo-affective and 79 IQ now has a magna cum laude. He remains on the protocol.

**B. Popovic Croatia**

I was diagnosed with schizophrenia in September 2007 by a renowned Swiss psychiatrist, who ironically for some time was my professor in Zurich, where I studied Psychopathology of Adults as a minor at University. He wanted to prescribe Haldol, predicted that I would be coming to a mental hospital from time to time, and that I will need to take Haldol until the end of my life. Of course I would not be able to work and function socially. Lucky me, I did not listen to him.

I found the information about Dr. Hoffer and his work with B3 on Internet. The moment I started to take it my condition improved. In December 2007 I visited him and Frances in Canada and started multivitamin treatment which helped me a lot. The truth is that I also meditated, exercised and started my own business to be able to socialize with people. Now I feel completely cured, and except for some of my friends and my closest family members nobody even knows that I ever have been sick. Meanwhile I passed two exams in a very rigorous MBA program.

I feel so blessed that I found out about Dr. Hoffer's work. He was great personality, a pioneer and I hope that his work will posthumously get the recognition, that it deserves.

**Kim Bezaire Canada**

I was fortunate enough to have loved one of Dr. Hoffer's patients, and will always be thankful for this. It was while I was pouring over a fascinating dog-eared paperback I had scrounged from the Sally Ann bookshelves in Winnipeg,

in my zeal to learn all things healing by nature. *Nutrients to Age Without Senility* made me call out to my partner of how fascinating and wonderful these decades old words reached into my brain, igniting my lifelong passion for information to ease the pain of the world. Having never told me of his “former” schizophrenia, he said, “Oh, that is the doctor who treated me for the acne on my back!” I get a chuckle out of it to this day, because my partner was functioning in life without schizophrenic symptoms, and so I came to see the actual power of Dr. Hoffer’s work in my everyday life. I now see orthomolecular medicine as a language to read the world, past, present and future. The politics of capital tries to destroy the momentum of this information reaching out to the world, but it is now unstoppable. It is my life goal to make sure that orthomolecular medicine is defended and brought forward, at all times applicable. I will always honour this great human being and all those who supported him. Let’s keep the momentum going!

**Lila O’Connell** United States

I am deeply saddened by the loss of such a great man. My heart goes out to his family and to all of us whom he helped with his experience, knowledge, and compassion. When I finally met him a couple of years ago, I was impressed by his brilliant mind and also his humility. I wish we had met sooner. I thank God for Dr. Hoffer and all he taught us.

**Marina Jacobs** United States

I send my deepest sympathy to the family of Dr. Hoffer. After my 12 yr old son’s fits of rage and cursing at the slightest thing for the last year, I prayed to God to give me an answer to save him from a life of misery. I typed in Chemical imbalance last night and there was Mr. Hoffer’s book online. I read it through last night. I believe God has lead me to the answer. The symptoms are on key. I will be trying the vitamins and looking for a Doctor that specializes. I have only known of Dr. Hoffer for 12 hours and I feel hopeful and blessed. Thank you to the family and God bless you.

**Anthony Kupnicki** Canada

Abram was a friend, a role model, and an inspiration for the truth. He claimed the interview I held in his office was the best he’d ever had - even better than when the BBC came to visit him there.

**Lisa Interollo** United States

I was deeply saddened to hear of Dr. Hoffer’s passing. He was truly a great man and a pioneer who demonstrated remarkable courage.

**A & M Delgado** Canada

We had the great opportunity to meet Dr. Hoffer, a brilliant man who dedicated his entire life to help the sick especially those afflicted with schizophrenia. He was tireless and ready to help at anytime.

Because of the benefits received through his advice, conferences and books, we can say that we owe Dr. Hoffer the peace and well-being of our family. Our deepest gratitude to the late Dr. Hoffer. He will always be in our hearts. Our condolences to his family.

**Robyn Hertz Canada**

Dr. Hoffer gave me the chance to achieve optimum health. He saw my obstacles and understood my psychology, which led to my development as a strong independent adult. He made me realize that success in health is the ultimate position in life.

He helped show people who I am. This gave me confidence and trust in myself. It made me realize what type of life I choose for myself.

It is through his guidance that my development will continue even in his absence. I feel that even with his death, he is still here among us. I know that I have not been forgotten by his death, that he is a presence for eternity.

**Judy Wong & Care Smith Canada**

We are very saddened to hear that Dr. Hoffer has passed away. He saved my daughter's life. She was unwell for the better part of her life. Doctors could not figure out what her problem was. She was seen by psychiatrists as early as age 9. When she was 15 and presented with the same symptoms she had had all of her life psychiatrists had the audacity to say "oh well now we know what is wrong with her because now she is old enough to have these symptoms". They wanted to admit her to hospital and fill her with psychotropic drugs. Psychiatry paid no attention to the fact that her skin was scabbing and flaking. That she couldn't run or move fast without passing out. That her condition could be medical - imagine that.

Thank you to a friend who listened to my story and asked me if I knew of Margot Kidder and her history and introduced me to Dr. Hoffer. One year following her visit with Dr. Hoffer my daughter was doing extremely well. We never took the psychotropic drugs and you can well imagine that this did not go over well with the psychiatric community and we were met with lots of controversy but blazed ahead anyway. Care is a healthy teen, earning a B average in high school. She is completely symptom free and has been for over 2 years now. She never misses taking her niacin and other suggested vitamins and she really misses Dr. Hoffer - he truly saved her life. Thank you.

**Francoise Krampf United States**

Dr. Hoffer saved both our lives (joined by Doctor Hitching). I have Huntington's Disease in my family and I am 75 and no symptoms yet, When I spoke to him he was sure that HD can be prevented with his therapy. I faithfully take all my vitamins everyday and hope to make the 100s! Thank you to all the people involved in this therapy and bless him for all his research.

**Jan Peregrine United States**

I'm very sad to hear of Dr. Hoffer's sudden death. Recently I've discovered him through his fascinating books and am reading *Orthomolecular Medicine For Everybody* now. I'm a book reviewer and am hopefully spreading his name and work to lots of people. My best to his family.

**Diane Dawber Canada**

Publication of *Hoffer's Laws of Natural Nutrition*, by Quarry Press in Kingston, coincided with the formation of the Health Pursuits Reading/Study Group there in 1996. We read it and were inspired to keep working on our nutritional, dietary and environmental protocols which have proven so successful that our group is the only model of a support group in the medical literature proven to help people with fibromyalgia,

chronic fatigue and multiple chemical sensitivities improve. I myself have regained so much and have dedicated my tenth book, Driving, Braking and Getting Out to Walk, to be launched on Sept.10, to Dr. Hoffer. Thank you, Abram, for encouraging our group through writings, example and emails. We couldn't have done it without you and we will continue to spread your message in every way possible.

**Leslie Joy** Canada

Dr. Hoffer was a fine gentleman, a man of intelligence, integrity, and compassion, with a quiet sense of humour. When my son first became ill fifteen years ago, Dr. Hoffer in his kind way, educated us about schizophrenia and orthomolecular medicine. I sincerely believe that my son would be on a larger dose of medicine to treat his schizoaffective disorder, without niacin, prescribed by Dr. Hoffer. Also, the trips to Victoria gave us purpose and hope. Over the years, I found myself many times in the surprising situation of having to defend Dr. Hoffer and his treatment plan. I will continue to do so. He has left a wonderful legacy and in time perhaps more people will come to his way of thinking.

**C. Vaughan** Canada

I am deeply saddened to hear of Dr. Hoffer's passing. It was wonderful to be able to meet him and find hope for my depression. Dr. Hoffer was a wonderful doctor and will be missed. I know that Frances will be able to follow in his footsteps and that all patients will be cared for in the same manner that Dr. Hoffer offered.

**B. Harris** United States

Many years ago I accidentally treated myself for schizophrenia while using B<sub>3</sub> for chronic hallucinogen reactions (I was collecting hallucinogenic mushrooms at the time, with occasional prolonged experiences). I had already familiarized myself with some of AH's work and once I discovered I had dysperceptions I became a steady reader and a Journal subscriber. RIP, doc.

**Gary** Los Angeles

Dr. Hoffer was truly an admirable and commendable doctor providing hope and help to so many!

**Klas Cederwall** Sweden

I miss you very much! When I first contacted you by e-mail you responded quickly and proposed that I should contact Karin Munsterhjelm in Finland as one of the best OM doctors in Europe. I did so and I am glad I followed your advice! Magnus is now

better, relieved from neuroleptics and getting niacin! Not in adequate amount but that will come. It was also a starting point for me to learn more about OM. I have made use of my scientific experience from many years of research to critically review what is going on in medicine. It seems to me that what you represent in terms of scientific achievements is very important and I am happy to see that the communication and expanding knowledge that Internet and different forms of "social media activities" involving patients and their families, will assure is going to preserve for ever what you and your research colleagues created. I will never forget what you once said to me: "Klas, next time you meet a psychiatrist ask how many patients he or she has cured." Thank you Abram for your kindness!

**Mark Sandrock United States**

Dr. Hoffer was (and is) a truly great man. I hope his work will continue to grow worldwide.

**Donna L. Johnston Canada**

I have only recently been introduced to Dr. Hoffer's Ideas on mental illness and believe truly he was the only person or professional that truly cared about the persons dealing with the unhealthy brain. The logic of the body needing proper nutrition and lacking certain vitamins and minerals. Thank god for this man courage, meaning going up against the beasts of greedy Doctors and pharmaceutical companies. It is a sad passing for all of us who need real Doctors more than ever now.

**Karin Munsterhjelm-Ahumada MD Finland**

Dear Abram, I miss you so much. Because of a very sick relative I e-mailed you in deep fear in January 2001. 12 hours later I had your answer "your program is good but you give too little niacin". There started my journey into orthomolecular medicine. Later I sat by him in his practice in Victoria learning that even schizophrenia can be cured. I have a long interview with him from Ottawa 2007 that will be published in Sweden. I am one of the founders of the Swedish Orthomolecular Association, <http://www.ortomolekylar.se/> - all thanks to the teachings of Abram! Every time I had difficulties with a patient's program I could consult him - and always got a clear and inspiring suggestion how to proceed. His books have given me the courage to give lectures. His friendly and human personality has helped me in difficult times. I feel the most deep gratitude having known him and am convinced that, in spite of all hard resistance, his immense scientific and clinical work will survive and pave the way for a new understanding of human health and medicine. Thank you Abram!!

**Lolita Cleaves United States**

Your life's work and your name will be remembered for the ages because of the health and hope you rendered to countless live.

**Thomas Claycomb United States**

I am writing to you in heaven to thank you for saving my life when I started reading about your orthomolecular medical files on previous patients of how you treated them with vitamins. I was diagnosed bi-polar and schizoaffective disorder as a little boy at the age of 5 years old. I tried to blow my head off with a gun in 1998 to stop all the voices. The only thing to say about myself online without being locked up again in the mental

hospital, is I wasn't the lucky one with antipsychotropic medicines. There's only a 10% recovery rate for people being that sick to come back into society again with their best tranquilizers, but like myself, I wasn't the lucky one to come out of the hell with their best treatments. If it wasn't for Dr Hoffer and Dr Hugh Riordan nobody would ever see me back into the community. My illness finally took me out and my mind took me as a prisoner with no hope of ever coming back to society with a normal life, until 2002 when I went to the Center in Wichita, KS. I lost ten years of my life with no work and or money. I finally got relief in 2006. If my house wasn't paid for I wouldn't be here telling you what Dr Hoffer and Dr Riordan did for me, incalculable, for me to describe what Dr Hoffer's research with schizophrenia and biochemical imbalances did for me.

Thanks to Hoffer's adrenochrome discovery and niacin I wouldn't be able to write this clearly. Nobody will ever know I am recovering from Bi-polar/Paranoid Schizophrenia, and when I am out in public, some think I am unique and little eccentric at times. I was hoping in 2010 to meet with Dr Abram Hoffer and tell him he is a God send to all humanity. I will always love him and carry him in my heart until I draw my last breath. I am so eternally grateful to him for saving me from my illness. So, even though Dr. Hoffer never personally met me, I did call to talk to his staff to share my story. Good bye my friend - see you on the other side when my time is up !

**Josh Wapp Canada**

I'm so sad that I never got to meet him. His work has changed my life incalculably; I was diagnosed with schizophrenia in my 20's. I have no fear of returning to that state thanks to the wonders of orthomolecular psychiatry.

There are a lot of decent people in this world but Dr. Hoffer was an exceptionally fine individual who was one of the most altruistic people I've ever known about.

Long live his research!

**Byran Lee Canada**

I am indebted to Dr. Hoffer's vitamins regimen. It gave me hope, as the sole caregiver to my schizophrenic grandma.

My grandma's condition has improved significantly and there is no question about it. Dr. Hoffer not only helped my grandma, he has helped me as well because I'm much happier when my grandma's condition improved. Rest in Peace, Dr. Hoffer, let us spread the great work on Orthomolecular Psychiatry.

**Ernesto Prieto Gratacòs Argentina**

I firmly believe Dr. Hoffer has helped - directly as well as indirectly (through perhaps hundreds of health practitioners who discovered orthomolecular medicine studying his books) - a vast number of human beings. Let us never forget Abram, a beautiful rebel. May the Divine Intelligence embrace his soul.

**Namik Omerspahic, BSc Bosnia-Herzegovina**

Great man, doctor, humanist. Will always respect him.

**Nonie De Long Canada**

At age 4 my son was diagnosed ADHD. At age 7, he was diagnosed Bipolar, Defiant, and ADHD. He was indiscriminately medicated and harmed by psychiatrists. When he was 9, I flew him across Canada to see Dr. Hoffer, after reading about his clinical

success with mental health disorders. My son had been violent for years, hallucinating, obsessing, arguing, and often manic for days. He needed two staff at all times at school and in the community and was hospitalized regularly. A month after seeing Dr. Hoffer he was 70% improved - with vitamins and a special diet. He has continued to improve since. Now 15, my son is no longer suffering from any hallucinations, is much more agreeable, has no more seizures, is no longer violent, and attends a public high school without special support. His life is more 'normal' than I ever imagined it could be. He is no longer diagnosed with the mental health issues. We owe this, with much gratitude, to the dedication and intelligence of Dr. Hoffer and Orthomolecular medicine. I am forever in his debt.

**Jamie Tams Canada**

I saw Dr Hoffer for many years he was a good doctor and his help in my recovery of schizophrenia was very good. He was intelligent, compassionate and caring and someone that understood people and their illnesses. I have read some of his books and they are very good I would like to read more and I thank him. Rest in peace.

**G Satyan India**

I think Dr Hoffer was pioneer in the field of vitamins for therapeutic applications. He had much of knowledge in schizophrenia, cancer and heart diseases, even though he couldn't offer me some help I needed. I read his articles. They carried clear expressions of straight facts, with simple mannerisms in writing. Though I haven't met Dr Hoffer, still many of my thoughts resemble his. I support his ideals despite I haven't observed his practice in his office. I hold him high as a researcher and for his pragmatic approach. It's clear he has done a worthy job and lived a satisfied and meaningful life. I understand you Dr Hoffer. God will praise you!