

Correspondence

Conference Impressions

"The inspiration of this Conference could hold me for the rest of my life". These were my sentiments as I left Vancouver after the 35th Annual International Conference, *Nutritional Medicine Today*, April 27-30, 2006. I wish to thank you, Dr. Hoffer and Steven Carter, the organizer of the conference.

I have attended perhaps ten conferences in the last 30 years. This one would have delighted Galileo and Hippocrates, Abraham Lincoln and Shakespeare! It captured me completely. The atmosphere was almost that of family, warm and welcoming. The speakers were excellent, prompt, informative, enlightening.

Said Jack Challe, our first speaker: "DNA is not destiny. Genetic code is fixed; function is not." It was a powerful beginning. I appreciated the insights of Andrew Saul; why 39 years of medical information is kept out of the public library! Another gem was the line from Pfeiffer: "For every drug that benefits, there is a natural substance that does the same thing".

It was encouraging to learn of the Health Recovery Center in Minneapolis where Joan Mathews-Larson treats addictions and emotional disorders. I needed to hear again the wonders of omega 3 to regulate the body hormones, and it thrilled me to hear the importance of re-aligning the belief system with truth in the face of anxiety.

Two outstanding personal stories of recovery from cancer added a touch of quality sharing. The moment is holy when doctors disclose their struggles - and we all become one in our common humanity.

Your presence, Dr. Hoffer, was a unique gift. Your professional knowledge, your guidance and affirmation, your wisdom: all were freely dispensed as you gave

a listening ear. It was wonderful!

I teach wholistic living. In the past 25 years, approximately 50 thousand people have heard the message of nutrition-out of our home. My General Superior, Sister Teresita Kambeitz, reflected on the past 25 years:

"We did not always understand what Sister Theresa was doing, but over the years, she has won the respect and admiration of all, and we are indeed, proud of her. We see each year at our summer gatherings how sisters line up for appointments to see her". These words to me were "as oil upon the beard of Aaron." I am deeply grateful and I rejoice in the unfolding of God's design - made possible because of the struggle described so well in your book, *Adventures in Psychiatry*.

The public evening of the conference which featured the recovery stories of Linda Santini, Margot Kidder and myself drew an encouraging group of listeners. It became evident that those who are restored to good health automatically have the call to reach out to those who are still imprisoned in illness.

In familiar words: "Friends, Romans, Countrymen, lend me your hearts! Come and see what is unfolding here!" The Conference is earmarked for Gratitude! Eight people are newly inducted into the Orthomolecular Medicine Hall of Fame! Dr. Hoffer, you have done marvelous work!! We thank you! Truly, we are no longer on a sinking ship. Truly we have sighted The Promised Land! May your own joy be complete in the knowledge that your work carries on in those you taught so well. May you know the meaning of the precious words: Well done!

-Theresa Feist, O.S.U.
Inducted into the 2006
Orthomolecular Medicine Hall of Fame

