

Letter to the Editor

Cure of Ulcers

To the Editor:

It is my intention through this letter to the editor to draw attention to the success I have experienced in the treatment of stomach ulcers, duodenal ulcers, and ulcerated gums. These conditions are the result of a lack of vitamins and can be cured using the Orthomolecular approach (three series of 21 injections of various combined vitamins).

I consider Orthomolecular therapy an indispensable base of support for all medications because it revitalizes the cells and all organs, rebalancing their functions and helping the actions of the medications.

For the past 20 years I have observed the advantages of this general invigorating of the cells produced by vitamins via injections and the constant confirmation that the majority of chronic afflictions which are not infections are either cured or greatly improved through this invigorating.

For example, the afflictions that normally are cured I can detail: schizophrenia, neurosis, stress, femoral thrombophlebitis, polyneuritis, lack of coordination and light cerebral dysrhythmias, stomach ulcers, duodenal ulcers, hemorrhagic ulcerous colitis, degenerative malnutrition of the optic nerve, atrophy of the optic nerve, blindness because of hemorrhage of the retina. The cure of stomach ulcers, duodenal ulcers, and ulcerated gums has been so rapid, consistent, numerous, and lasting that I have come to the conclusion that they are

fundamentally consequences of a lack of various vitamins, or multiple lack of vitamins (as in pellagra). As an example, ulcerated gums *are* considered as an indication of pellagra and are very similar under histopathological observations to stomach and duodenum ulcers.

Through this publication of my opinion "that ulcers of the stomach, duodenum, and intestines are caused by avitaminosis and are cured in about 50 days with injections of a combination of around 10 vitamins," I would be very grateful to receive any opinion or observations of those of you who have applied the treatment (**Journal of Orthomolecular Psychiatry**, Vol. 5, No. 2, page 153, 1976).

The treatment consists of daily injections, intramuscular, deep in the hip, of a mixture of vitamins as per the following formula: thiamine 280 mg; nicotinamide 170 mg (or more up to 280 mg); riboflavin 20 mg; pyridoxine 20 mg; pantothenol 20 mg; vitamin A 30 mg; vitamin E 30 mg; vitamin D 300 International Units; vitamin K $\frac{1}{2}$ mg; vitamin B12 2 mcg.

I will with great pleasure answer any of my colleagues who deal with this matter and will be pleased to give any further explanations which are within my experiences.

My sincere thanks
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