

# Poem

## **Demon of the Deep**

Out of the grey mist his dark form looms,  
Out of the slate sea his sharp body rises,  
Cutting the glass surface,  
Gliding toward me.  
The birds bolt crying  
And all is still and waiting.  
His burning eyes mesmerize.  
Powerless I drift into the cold water  
And mount his sleek black back.  
He turns and slides away  
Farther from the grey shore,  
Farther from the sombre pines  
Transfixed against a leaden sky.  
Toward the emptiness of the dark abyss  
we fly. Terrified I clutch his sharp fin  
Fearful of falling, fearful of staying. On and  
on into the frightening void we  
fly-

The icy spray needles strike me numb. Suddenly  
he dives  
Down, down.  
White whirls  
Press against my chest,  
My eyes, my nose,  
Smothering me  
Until the pain  
Knives and wells  
Within me.  
I claw and scream  
Unable to bear it.

Slowly I rise through the jade waters And wash  
up on a golden shore. The emerald trees dance  
and sway In a warm soothing breeze. He is  
gone. I am free.

**Florence Denison**

# **Publishing Policies**

## **The Academy of Orthomolecular Psychiatry**

The Journal of Orthomolecular Psychiatry is an educational journal published quarterly by the Academy of Orthomolecular Psychiatry as a service to the public. Certain classes of memberships to the Canadian Schizophrenia Foundation and the Huxley Institute for Biosocial Research include subscriptions to the Journal and a quarterly Newsletter. To become a member, write to the Canadian Schizophrenia Foundation, 2231 Broad Street, Regina, Saskatchewan, Canada S4P 1Y7, or to the Huxley Institute, 1114 First Avenue, New York, N.Y. 10021. Membership contributions are income tax deductible. Members of the Academy will receive the Journal.

Annual subscription rate for the Journal

of Orthomolecular Psychiatry to non-members is \$22, and to libraries \$30.

Copyright 1977 by the Academy of Orthomolecular Psychiatry. All rights reserved. Publisher's written permission must accompany papers published previously in another journal.

The Journal, its editors, and the publishers do not take responsibility for opinions expressed by the authors. The Journal board and editors do not necessarily agree with all the articles that are published.

Send correspondence relating to published issues and annual subscription orders to the Canadian Schizophrenia Foundation, 2231 Broad Street, Regina, Saskatchewan, Canada S4P 1Y7.