

An Integrated Community System for the Effective Treatment of Schizophrenia

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Dr. David Hawkins' paper comprised a portion of a chapter due to appear soon in the book *Orthomolecular Psychiatry* edited by Dr. Hawkins and Dr. L. Pauling, being published by W. H. Freeman and Company, San Francisco.

Dr. Hawkins summarized a system of treatment and care he had developed in Long Island which is based upon the Orthomolecular approach.

Using the medical model uncontaminated by the many other models used in psychiatry such as the moral, impaired, social, analytical, conspiratorial models, etc., Dr. Hawkins was able to improve markedly the utilization of treatment resources.

His idealized system now operating included clinic, hospital, patients' self-help groups such as Schizophrenics Anonymous and the American Schizophrenia Association, a half way house and a day treatment center. All units were operated independently of each other but in close collaboration. No public funds were required. Referrals were free of red tape.

This treatment system under Dr. Hawkins' leadership treated over 4,000 patients.

One family agency, the Council for Youth Service of the Episcopal Diocese of Long Island, had become bogged down with long

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waiting lists and shortage of staff. When they converted to the new system they soon eliminated a waiting list, doubled their case load and solved their financial problems.

At this Long Island Clinic they carry a case load of 1,500 patients for \$300,000 per year. Many are chronic schizophrenics with repeated admissions to hospital. Their results were superior to any they had seen with standard treatment systems and cost averaged only \$200.00 per patient per year. The economies which could be affected if his system were nationally applied are enormous.