

Journal of Orthomolecular Medicine -Reloaded!

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Editor

I am honoured to take over from the late Dr. Abram Hoffer as Editor-in-Chief for the *Journal of Orthomolecular Medicine*. I would like to thank the authors, managing editor, associate editors and members of the editorial board for their support and continuous contribution. I am very grateful to be afforded this exciting opportunity and hope to continue with the same fervor and dedication as that of my predecessor.

The *Journal* began in 1967 as *Schizophrenia*, when all its content focused on this major mental health disorder. In 1972, the name was changed to the *Journal of Orthomolecular Psychiatry* to reflect a widening of the journal's focus. At that time, it was recognized that mental health disorders, other than schizophrenia, had biochemical, metabolic, and nutritional origins that enabled effective treatments and perhaps strategies for their prevention as well. These sentiments continue to be shared by all of us who practice orthomolecular medicine today. In 1986, the *Journal's* name was changed to its current iteration because all psychiatric and non-psychiatric conditions were considered treatable (and possibly preventable) by orthomolecular medicine.

As evidenced by the *Journal's* long history, it has always remained at the forefront of disseminating information about new findings and new treatments, provided they have been examined by orthomolecular practitioners and deemed to be effective. The *Journal of Orthomolecular Medicine* will continue to represent an establishment of new ideas while serving as a forum for debate. This is

the first time in the *Journal's* history that we have a Mission Statement that accurately reunites us with our past, while also embracing a new paradigm from which we can flourish. I am very excited about advancing this *Journal* and do hope our readership continues to expand the breadth, influence, and quality of the *Journal* during my tenure. Overall, the editorial team will continue to work hard in the tradition of Dr. Abram Hoffer in producing the orthomolecular community's most vital publication.

I would like to extend my sincere thanks to the authors of this issue. You have been very patient with me during this period of transition. To all future authors, I encourage you to submit articles for potential publication. As with any peer-reviewed journal, not all articles will gain acceptance but they will get a fair appraisal nonetheless. Let's work together and build upon the *Journal's* wonderful history and together we can advance orthomolecular medicine today and tomorrow.

