

## In Memoriam



### Roger H. Rogers 1928-2011

Dr. Roger Hayward Rogers (OBC, BA, BSW, MD) died peacefully on November 22, 2011, in Victoria after an eight-year struggle with Alzheimer's disease. He leaves his loving wife of 51 years, Marion (nee Cowley); his three children: Gordon (Gina), Geoffrey, and Alison Trembath (Toby); three grandchildren: Chelsea, Brittany and Amelia; niece Susan and countless colleagues, friends and patients.

Dr. Rogers was born in Vancouver on February 6, 1928. Co-founder of the Centre for Integrated Healing in Vancouver (now known as InspireHealth), Dr. Rogers was a graduate of the University of British Columbia where he obtained a Bachelor of Arts degree in sociology and psychology, a Bachelor degree in Social Work, and a Doctorate

of Medicine (UBC, M.D. 1959). He worked in Family Practice for over thirty years and was involved in teaching medical students as a UBC Clinical Instructor.

Dr. Rogers had a special interest in complementary cancer care for more than 20 years. Following a lifelong interest in nutrition, natural healing and complementary therapies, he co-founded the Thera Wellness Centre in 1977. This non-profit organization was devoted to working with the whole person towards optimum well being. It was operated next door to the family medical practice established by him and his wife and partner, Dr. Marion Rogers. The Centre for Integrated Therapy was formalized in 1992 and evolved into the Centre for Integrated Healing in the late 1990s, which Dr. Rogers co-founded with Dr. Hal Gunn. Dr. Rogers was involved in founding and supporting the Association of Complementary & Integrative Physicians of BC (ACIPBC) and the Canadian Complementary Medical Association (CCMA).

A close friend and ally of Dr. Abram Hoffer, Dr. Rogers gave several public lectures on Orthomolecular Medicine from 1987 to 1990 in Vancouver and presented at the Nutritional Medicine Today Conference in 1990, alongside Linus Pauling. He was named Orthomolecular Doctor of the Year in 1999.

In 2001, Dr. Rogers was appointed to the Order of British Columbia, the province's highest honour, for his pioneering work in alternative and complementary cancer care. In 2007, the \$250,000 Dr. Rogers Prize for Excellence in Complementary and Alternative Medicine was established in recognition of his contribution to the field and his tireless efforts to gain widespread recognition for – and acceptance of – complementary and alternative cancer treatments in Canada. (See ISOM News for more on the 2011 Dr. Rogers Prize and Colloquium)

## In Memoriam



**John R. Carlson**  
**1934-2011**

John R. Carlson, the co-founder and president of J.R. Carlson Laboratories, passed away October 1; he was 77. Carlson retired last fall from his post at the company, and was serving as Director Emeritus. For 45 years, Carlson was dedicated to the natural products industry, serving as an active member of industry organizations including the American Academy of Anti-Aging Medicine, Natural Products Association (NPA), National Institute of Nutritional Education and Mid-American Health Organization; he was a founding member of Citizens for Health. In 2001, he received NPA's Crusader Award for given for "notable individual contributions above and beyond commercial success" and to those whose contributions have had a lasting benefit to the industry.

John Gay, executive director and CEO of NPA, commented, "John Carlson was tremendous supporter and leader of the Natural Products Association and the natural products industry for many years. He will be missed by all, but leaves a substantial legacy of giving back to the industry for us to emulate."

Carlson is survived by his wife, Susan, daughters Carilyn Anderson and Kirsten Cecchin, and three grandchildren.



**Chris Reading, MB**  
**1938 - 2011**

Dr. Chris Reading ( B.Sc., Dip Agr.Sc., M.B.,B.S.,F.R.A.N.Z.C.P.,F.A.C.N.E.M.) an Orthomolecular Medicine pioneer in Australia, has recently passed away of an unknown neurological condition after a

prolonged illness. He will be remembered for his medical genius, his healing intent and his deep humanity. Dr. Reading was a dynamic force in the International Holistic Health Care community, tirelessly caring for his many thousands of patients and helping hundreds of thousands of others through his writings. He was also an original thinker, many of whose ideas were decades ahead of their time. Finally, Dr. Reading was a courageous practitioner, who fought for the beliefs and values he championed in practicing orthomolecular medicine, at its very inception, in Australia.

Christopher Michael Reading was born in his parents' farmhouse in the village of Boxted on the Essex-Suffolk border in England. In 1954 the family emigrated to Australia, where Chris gained a Commonwealth Scholarship to study Science at the University of Sydney. There he remained for 11 years, living at St Paul's College, and taking first his Bachelor's Degree, then a diploma in agricultural science, and finally his medical qualifications. After his internship, he decided to study psychiatry, the field that was to become his life's

passion. He became a Fellow of the Royal Australian and NZ College of Psychiatrists, and of the Australian College of Nutritional and Environmental Medicine and was a contributor to the SOMA Health Association of Australia Newsletter.

A regular correspondent with Dr. Abram Hoffer, Chris reported on Orthomolecular activities in Australia in the *Journal of Orthomolecular Medicine* and contributed articles to the Journal, most recently in 2005. Of Chris' 2002 book *Trace Your Genes to Health: Use Your Family Tree to Guide Your Diet, Enhance Your Immune System and Overcome Chronic Disease*, Dr. Hoffer wrote: "This first book on genetic sleuthing and treatment will be one of the classics of our time."

Many Journal readers are aware of Chris' pioneering and dedicated work as he explored the role of diet, allergies, vitamins and genetics across a wide range of illnesses and conditions. This was never merely an abstract idea to him: he lived to help others and to alleviate suffering.

*—with material from David Richards and  
Michael Andrews-Reading*

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